

# THE MINARET

Vol. L, No. 5

University of Tampa, Tampa, Florida

September 27, 1979



Dean of Students Carl Hite

## Dean Hite Denies Resignation

by Thomas Slaymaker  
Campus News Editor

The recent wave of resignations which has struck UT has led to rumors concerning the future departure of other members of the administration. The subject of one of these reports from reliable sources was the Dean of Students, Dr. Carl Hite.

In an effort to discover the truth, the **Minaret** sent a reporter to Dean Hite's office to discuss his supposed departure.

Hite's first reaction was laughter. He soon became serious and explained, "At times when I am swamped with work, I often feel like resigning, but this impulse quickly fades."

"At the present time," he continued, "I am not actively seeking employment elsewhere; however, should a position become available that offer-

ed more to me professionally I would seriously consider it."

According to sources, the elimination of the shortly-lived **Ombudsman** position, a position created to reduce some of Dean Hite's responsibilities, was one of the factors influencing his desire to leave UT. When asked to comment on this report, Hite responded sadly, "I will again be forced to handle numerous requests for short-term loans. These requests take up a great deal of my time which I would prefer to devote to other student concerns."

The elimination of the **Ombudsman** position will mean more work for Dean Hite, but it will not provoke him to resign his position as Dean of Students. Hite concluded, "Hopefully the position of Ombudsman will again be established next fall so that I may spend more time in other areas of more concern to the majority of this university's students."

## Euliano Speaks Out

by Thomas Slaymaker  
Minaret News Editor

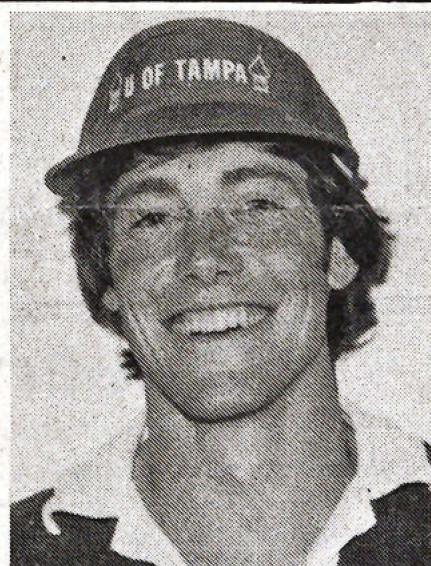
**Guy Euliano** seems to be in complete control of the multitude of demands facing him. In conversation with Guy, one quickly notes his charismatic personality, a requirement in any successful politician.

Guy believes that the student government under his leadership is at least one month ahead of last year's in organization and planning aspects. This is the result of a good working relationship existing among members of the executive board (President, Vice President, Secretary, Treasurer, Level Presidents, and the editors of **Quilt**, the **Moroccan** and the **Minaret**.)

This cooperative mood is the result of numerous leadership workshops organized by Guy, and held prior to the first week of classes. The sessions allowed minor disagreements—which always exist between student leaders—to be discussed, and constructive compromises were reached. However, Guy was quick to add that in the first three weeks of the semester no extremely controversial issues have challenged this aura of cooperation. Guy is confident that this smoothness will continue.

President Euliano believes that a successful year for his administration will require the active participation of more students. Early signals tentatively forecast a more active student body. Eight interested freshmen ran for the two available freshmen-level representative positions. The best of luck is wished to both winning candidates. Committee registration is high, with almost all committees having more than enough members to operate successfully. The upcoming Collegium elections also have a number of interested candidates showing that continuing students also are interested in campus governance this year.

Guy explained that sophomore representative Mike Waldrop is in the process of writing a proposal requesting student membership on the Board of Trustees. This would allow students to become more aware of



the inner decisions which ultimately decide the future course of the university. If this proposal is approved, Guy feels that the support of the General Assembly and all other campus organizations will be required.

One major issue in Guy's election campaign was to improve recreational facilities available to students. When questioned about the failure to improve these services, Guy responded by explaining that contracts to repair the Gym were signed during the summer, but the repairs have not yet been completed. Full use of the gym and weight room should resume when the required work is accomplished. The hours of operation for the game room in the University Union will be extended as soon as enough student employment is hired. Problems with the College Work Study Program have made the hiring of employees even more difficult. On a more optimistic note, student use of the pool has increased because of extended operating hours.

Major goals of this year's student government will be to improve programming through theme-coordinated activities. (This week is Journalism Week). Guy also hopes to see the return of a formal social event, possibly to be held atop the First Financial Tower. Most importantly, this year will hopefully see the increased involvement of the residence

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## Ridlen Resigns

by Thomas Slaymaker  
Campus News Editor

On September 19, Dick Ridlen, assistant director of the university's Campus Police, announced his resignation, effective October 19. The announcement preceded by one day the sudden departure of Chief James Cremer, past director of the police force.

The surprise announcement was made only hours after Ridlen was offered the position of director of the force. "I was honored by the very fair offer submitted to me by the university; however after careful consideration I decided to decline the offer and to also submit my resignation as assistant director."

Ridlen felt that it was an opportune time for him to advance in his profession and was pleased to accept an offer extended to him by a major local security firm in which he will serve in a management capacity.

"Chief Cremer and I were a team who

complemented each other; his departure definitely influenced my decision to leave." Ridlen added that he will miss the people that he has met at UT, especially the students. "The atmosphere on this campus has kept me youthful; I will undoubtedly miss the environment."

Ridlen concluded by stating, "I am grateful for the opportunity of working at UT, for the professional advancement, and the friends that I have gained. I am sure that the number-one priority of the force will continue to be the insurance of the students well being. Should this priority diminish in importance, the police force and the university itself should probably reevaluate its reason for existing."

Ridlen is clearly one individual who is aware of the primary importance that students play at this institution. His presence as a protector of the "well being" of students and more importantly, as a friend of students, will definitely be missed.

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# Telephone Fraud At UT

The telephone company has informed the University of Tampa that members of the University Community committed approximately \$6,000 worth of telephone fraud during the last school year. Most of the illegal telephone calls were made by charging the calls to a fraudulent credit card. The calls were made from pay phones in the residence halls. The phone company has threatened to pull ALL pay phones out of the University. This is unfair to those students who use the telephone correctly. Therefore, in order to insure that this does not happen again, any student caught misusing the telephone at the University of Tampa will face the following actions:

1. Cancellation of housing contract.
2. Prosecution through the Student Judicial System.
3. Possible suspension from the University.
4. Restitution to the telephone company.

In addition, the phone company will prosecute with the possibility of im-

prisonment and/or fine if found guilty. Added to the bottom of this memo is a warning from the telephone company and is printed in every phone book. If there are any questions concerning the use of telephones, please contact this office (Room 301, Plant Hall).

## WARNING — FLORIDA LAW PROVIDES THAT:

1. Any person who shall willfully refuse to immediately relinquish a party line when informed that such line is needed for an emergency call, and in fact such line is needed for an emergency call, to a fire department or police department or for medical aid or ambulance service, or any person who shall secure the use of a party line by falsely stating that such line is needed for any emergency call, shall be guilty of a misdemeanor and be punished as prescribed by law. Emergency as used in this section means a situation in which property or human life is in jeopardy and the prompt summoning of aid is essential.
2. Whoever by means of telephone communication:
  - a. makes a telephone call to a location at which the person receiving the call has a reasonable expectation of privacy, during such call makes any comment,

- request, suggestion, or proposal which is obscene, lewd, lascivious, filthy, vulgar, or indecent, and by such call or such language intends to offend, annoy, abuse, threaten, or harass any person at the called number; or
- b. makes a telephone call, whether or not conversation ensues, without disclosing his identity and with intent to annoy, abuse, threaten, or harass any person at the called number; or
- c. makes or causes the telephone of another repeatedly or continuously to ring, with intent to harass any person at the called number; or
- d. makes repeated telephone calls, during which conversation ensues, solely to harass any person at the called number; or

Whoever knowingly permits any telephone under his control to be used for any purpose prohibited by this section, upon conviction thereof, shall be subject to punishment as provided in Florida Statutes, sections 775.082 & 775.083.

3. State law provides that no person shall defraud or attempt to defraud the Telephone Company of its lawful charges. Violators, upon conviction, are subject to imprisonment for up to 5 years or to a fine of up to \$1,000. Nothing contained in this section shall apply to telephone calls made in good faith in the ordinary course of business or commerce.

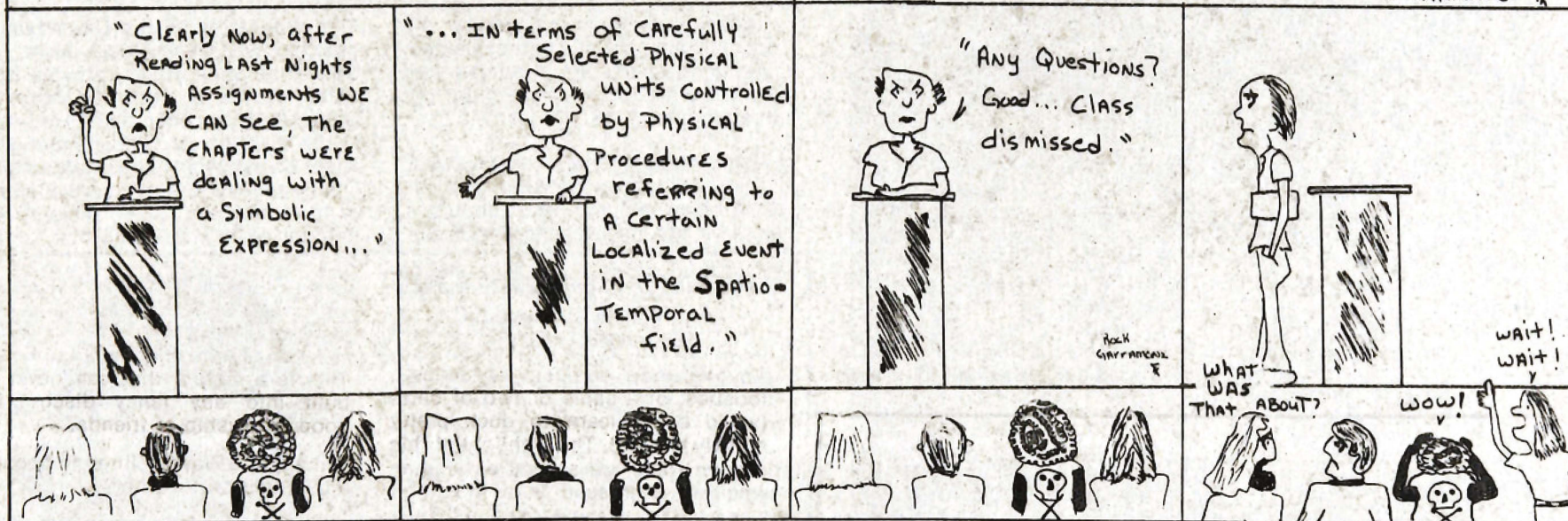
## Free Skin Cancer Screening Clinic

A service which should be of interest to all members of the university is a free skin cancer screening clinic which is being held today between the hours of 10 a.m. and 2 p.m. The clinic, which is being sponsored by the Hillsborough County Unit of the American Cancer Society, will be held at the Jewish Community Center, located at 2808 Horatio Avenue, Tampa.

In the interest of good health, we should all take advantage of this free service especially with the ever-expanding list of possible cancer-causing substances in products we frequently use. If you are interested in this clinic but are in need of further information, contact Nadine Brown, (872-4425). Ms. Brown will be glad to provide you with any additional information that you may require.

## Support Minaret Advertisers

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## Career Corner

by Norma Caltagirone

**RESUME** — a French word meaning "summary."

What does one have to do with your career? It could make it or break it! According to Dr. Donald Warrington, director of Career Placement Services at the University of Nebraska, "Today, a well-prepared resume is a necessary tool for any individual seeking employment . . . The time and effort you devote to resume preparation may be a worthwhile investment in your future, and could prove to be of tremendous monetary value."

So what is a resume? It is a summary; it's also a sales tool. A resume, which is sometimes also referred to as a Vita, Data Sheet or Interview Form, is an individually designed, written summary of personal (address, age, interests, etc.), educational and experience qualifications intended to demonstrate an applicant's fitness for a particular position. It is a digest of qualifications for a job. Because competition for jobs is so keen, employers will use your resume to find out what strengths you have to offer that other candidates for the same position do not have. To show your strengths, then, your resume needs to point out that what you've done in the past as an indication of your potential success in the future. It should serve as a sales promotion piece that will highlight your accomplishments.

Hopefully, these accomplishments will interest the employer so much that he/she will want to call you for an interview. If that happens, your resume should be graded "A+ "

because the purpose of the resume is to introduce the prospect (you) to the employer, and to help obtain an interview. Its purpose is *not* to get the job. Almost no employers hire candidates based only on their resumes. It is the job interview presentation that more often gets the firm job offer. The resume simply whets the employer's appetite to the extent of wanting to set up an interview.

Now, in this column I cannot go into all the various topics concerning resumes, such as how to prepare them, what they should contain, how they should be disseminated, etc. Things like that were covered in my workshops this week on "The Job Campaign and Resumes." Seniors and graduates may find that they are the students immediately in need of this information. If so, and if you missed my workshops, come see me in Plant Hall, 309 and I'll either work with you individually or set up another workshop. To all the freshmen, sophomores and juniors who may be reading this column, I just wanted to introduce you to a word you may not be familiar with, because it will eventually affect your future careers. And it isn't too early to start formulating your resumes. You already possess many talents and/or skills and experiences that you'll someday want to sell to a prospective employer. A good way to start a resume is to sit down and write an autobiography, especially of your last five years or so. Include all dates and activities. Then come and see me. I'll show you how to turn your autobiography into a resume.

## Attention!

### FLORIDA TUITION VOUCHER

The application for the Florida Tuition Voucher is not available in the Financial Aid Office, Room 439.

Eligibility Requirements:

1. Enrolled full time as a freshman
2. Complete the application
3. Be a Florida High School graduate
4. Be a Florida resident (at least 2 years)

All freshman who wish to apply should come by the Financial Aid Office as soon as possible.

Office Hours: 9 to 12 and 1 to 4.

**Euliano**, Continued from Page 1  
halls in student programming, because a majority of the university's students are dormitory residents.

"My most important goal is to be able to look back on my year in office and to be proud of the job that I have accomplished," President Euliano philosophized.

This goal should be one which will keep the University of Tampa community content.

## Housing Available

by Irene Chancellor  
Housing Office

There are a limited number of spaces available for females who desire on-campus housing.

Anyone interested should call the Housing Office, extension 304, for more information.

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## Open Auditions For Children's Play

Try-outs for Taradiddle Tales will be held at 7 p.m. Wednesday and Thursday, October 3 and 4, in the Plant Hall Ballroom.

All students, staff, and faculty are invited to attend.



# COMMENT...

## A Soph Touch

by Tony DeSormier, Minaret Sports Editor

Complaining About Nothing Department.

Last week I heard one of the strangest comments on a very typical and very frustrating problem.

A Delo resident came into Delo complaining about the lack of parking space and the fact that she had to park far away from Delo. This was nothing out of the ordinary, as I'm sure many of you know.

But the switch on the complaint was when she complained that Police Chief Cremer had a parking place right next to his office (and close to Delo). She said that our friendly neighborhood police chief could afford to park further away from his office (and leave the space open to other people) and walk the distance to his office. "After all, he needs it more than I do."

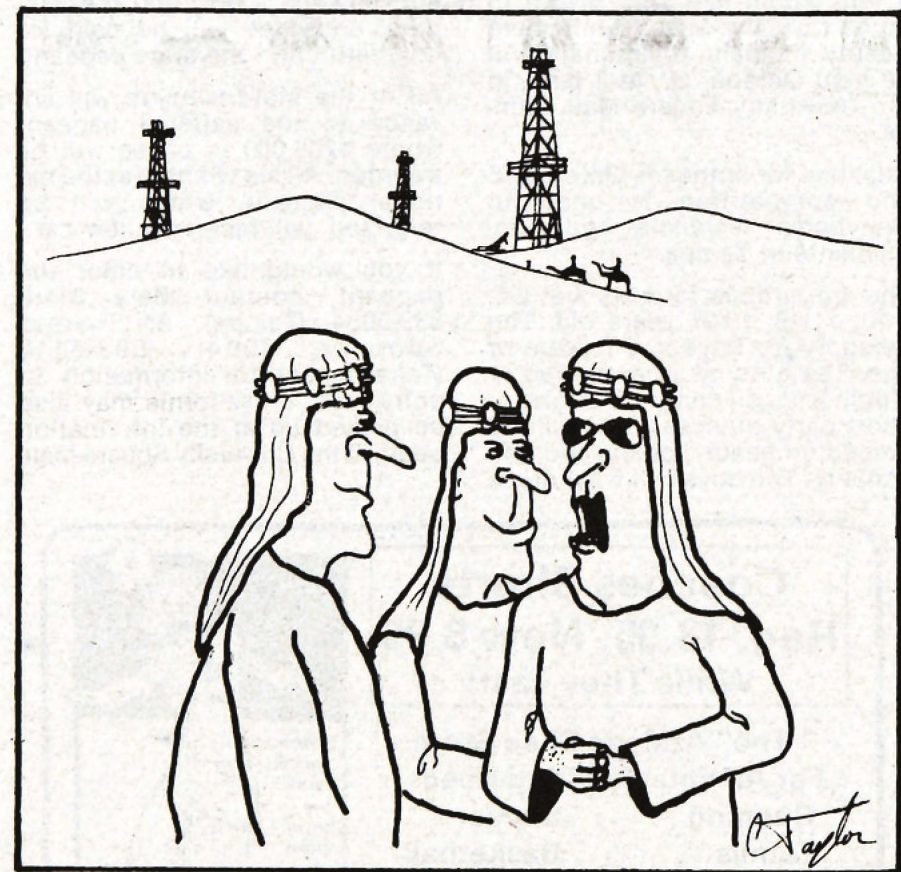
So, after some discussion with other people who had overheard the complaint, we have come up with a parking plan that will not only please everyone, but also make for a healthier UT.

From now on, when a person obtains his parking permit, he will be asked to step on a scale and, after discerning the shape of the person, he will be assigned a parking space on campus in accordance with the amount of exercise he needs. Thinner people, who are in better shape, will be allowed to park closer to their destination while their heavier, more out-of-shape counterparts will be assigned parking places a little further away than they would like, so as to give them the chance to get in some well-deserved (and well-needed) exercise.

This means I'll be parking in Clearwater!

### Spot Checks

Congratulations to the Spartan soccer team on their first win of the 1979 season. The Spartans completely obliterated Florida Southern College in a 7-0 season opener. The Spartans were led by Peter "the Swedish Cannon" Johansson, who scored two goals and dished out three assists.



*"Hopefully the American public will force a shutdown of their nuclear power plants, then they'll have even more of a need for our oil."*

## ARA Food Service Extends Thanks

### To The University Community:

All of us at ARA Food Service wish to express our thanks for your courtesy and understanding in helping us get through an inconvenient and difficult period while our dishmachine was down. The nuisance of using disposables is less than enjoyable, but your support and understanding has been endless.

We do ask that you bear with us until the installation of a new dishmachine is complete . . . about the 28th of September. Thereafter we will be able to serve you on regular dinnerware and we will be able to concentrate more fully on pleasing you with our service.

Yours,

Jozsef Nadudvary  
Director of Dining Service

## Orr What?

by Heather Orr, Minaret Staff Writer

### THERE IS A BETTER WAY!!

There's a hot night spot in town that everyone is raving about. It's not Mark Twain's, Robicenti's, or even the Rathskeller. This social establishment is the perfect setting for even the most sophisticated UT student. Yes, this is the infamous White Way. The owner has named the bar Romero's, but he certainly has not disguised its appeal to Tampa's Spartans.

The fact that the White Way is a veritable gold mine of fine drinking cuisine remains a mystery to most. The shabby appearance of this small building would normally repel most college students who are looking for entertainment. Instead, students arrive *en masse* through the huge wooden doors. Inside, a swarm of weekend celebrators are enjoying each other's company. Some shoot pool, while others play darts or pinball. Most just chug beer and mingle with the crowd.

There is also a back room which contains several forms of amusement. Anyone may compete at pinball, foosball, or a game or two of darts (you'd better learn to duck pretty quickly though). The highlight of this second room are several older men who are engrossed in a marathon game of high stakes dominoes. They

are oblivious to all that goes on around them. Their game is serious, and large sums of money are exchanged. These gamblers are so engrossed and faithful to the game that the table they use is worn in the center from domino shuffling.

Since this scene is obviously not the magnetic force that attracts UT students, there *must* be something more. The beer is served in heavy glass mugs which many consumers conceal in their socks in order to add to their collection. Also served in these mugs are the notorious "frozen killers." The challenge is to see who can drink the most and still stand. However, some people would be content to sit all night.

Without live bands, dance contests, or professional DJ's, the White Way would not be able to stand up either against the assortment of night life that Tampa has to offer. The feature that draws UT students is, of course, other students. After a week's hassle with classes, the extremely relaxed atmosphere that the White Way provides is as refreshing as a cold beer. This is a feature that can never be built into any fancy disco...the good fellowship of friends.

Is the White Way destined to become a UT tradition, or what?

## Who Knows What To Do?

by Alex Job, Minaret Staff Writer

On Thursday, September 20, student leaders on campus were called together by Guy Euliano to draw a general consensus from students on the proposed academic calendar change.

The meeting produced a multitude of unanswered questions. These questions should be answered before any decisions are made.

Some of the major questions are as follows:

- How will the registration process be handled? Where? When?
- How severely will this affect extra activities of students? Clubs? Sports?
- Where will the monetary responsibility come from—the students

or the University? How much will this be?

- Is there any way that a 2-2-2-2-1 program be implemented so we remain on an eight month calendar?

If you would be interested in finding out the responses to these questions, come to the Trustees Dining Room, October 4th. Bring questions of your own along.

The reason this issue is so important is because it concerns everyone who will be at the University of Tampa in the future. Come on people, let's show at this meeting, or someday you may be driving down Kennedy Boulevard, showing your children the hotel where you received your degree.

## Minaret — Fall, 1979

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The Minaret considers articles from all interested persons. All material submitted must be typed and have the writer's name and box number on each page. A Style Book is available in The Minaret office. Deadline is Monday 10 a.m.

The Minaret is printed by The Free Press Publishing Company, Inc.

The Minaret

Box 2757

Extension 335



## Features

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Debra Docherty (left) and Michelene Pagnotti (right) aboard the S.S. Universe enjoying a new way of attending class.

## Shipboard Learning

by Lisa Pianka, Minaret Staff Writer

What do you do when you're tired of the everyday drudgery of attending classes? Two UT students found a way to learn in an entirely different atmosphere. Michelene Pagnotti and Debra Docherty spent 100 days aboard the S.S. Universe. They were participants in the **Semester at Sea** program through the University of Colorado.

The S.S. Universe is fully equipped with a library, cafeteria, theater, student union, recreational facilities and classrooms.

Classes on the ship are held six days a week and consist of standard on-campus courses. Also included in the curriculum are courses designed specifically for the voyage.

Ports in Korea, Taiwan, Hong Kong, Singapore, India, Sri Lanka, Egypt, Crete, Greece, Spain, and Morocco are visited: ten ports in twelve foreign countries.

At each port, lectures are given on subjects pertaining to the individual countries. Experts on geography, economics and customs of the country are invited to speak. Ample time is given to allow the students time to travel.

Arthur C. Clarke, a noted science-fiction writer, joined the group at Sri Lanka, where he has been living for several years. He remained on board as a guest for nine days. "Our community was enriched by his willingness to share his wealth of information," commented Michelene.

Debra and Michelene earned fully transferable credit towards undergraduate work while seeing foreign countries and learning about other ways of life.

Tired of the everyday drudgery of attending classes? There are other ways to get by.

## UT Inundated With Class

by Laurie Noller, Minaret Staff Writer

Why is Walt Turner, Director of Admissions, smiling? It could be because of this year's freshman class.

"In terms of academic ability, this is the best freshman class in the history of the university," Turner enthused.

For the 1979-80 freshmen, the average high school grade point average was 2.77 in what Turner calls "solid academic subjects." The average SAT score was 912. This high score is especially encouraging, for the national average of all college-bound students is only 888.

Turner attributes this upswing in scholastic achievement to two factors: raising the academic standard of UT by turning away 593 students this fall term, and the increasing scholarship program.

"When you lop out the poor," he commented, "and put good students

in, the standard of the class will change."

This year's class is the result of a long-term program implemented in 1974 to upgrade the academic excellence of UT. Now, the university offers scholarships up to \$10,000 for gifted students. Coupled with these scholarships are new achievement grants, which are not based on academics but rather on demonstrated ability in areas such as student government, journalism, and writing.

The 70's are not yet past, but Turner is already looking forward to the 80's.

"In five years," Turner predicted, "we will probably have a freshman class that has an average 3.0 GPA and an average SAT score of 1000. 60-70% of these students will graduate from UT, compared to the 20% that do now."

"Every class gets better," Turner remarked. "We won't stop here."

## The Coming Of The Tampa Ballet

by Dean Broder  
Minaret Staff Writer

The Tampa Ballet (company-in-residence, University of Tampa) will begin its 1979-80 season in October at UT's Falk Memorial Theatre. Their season has been expanded, and sixteen performances are scheduled instead of last year's nine, with four programs compared to last year's three.

The Fall Repertory begins on Thursday, October 18, with a program of new ballets and a revival of a favorite from the repertoire. *Incident at Blackbriar* makes its Tampa Ballet debut, choreographed by the resident choreographer of The Boston Ballet, Ron Cunningham. Artistic Director, Anzia, will revive her mini-classical masterpiece, *Pas de Sept* to the music of the late baroque composer, Gretry. Orville Johnson, a newcomer to the Tampa Bay area, will debut a new jazz-rock piece set to a score by award-winning composer, Quincy Jones. Another new ballet and a *pas de deux* will com-

*Continued on Page 5*

## Hey Felix

by Dean Broder  
Minaret Staff Writer

When the waitress first handed us *deep dish pans* with menus inside them, I expected a surprise, and surprised I was. I had heard that **Felix and Oscar's pizza in the pan** was excellent, but I wanted to see one for myself.

After waiting about twenty minutes, (the amount of time needed to cook a true Sicilian style pizza), the *deep dish* arrived, not with a menu inside, but an actual *pie* about two inches thick. It was easy to see that Felix and Oscar's have put the *pie* back into pizza.

To be quite honest, I have never tasted a pizza pie this good. The pie crust alone was about a half inch thick. The tomatoes taste fresh from the garden. When you order an extra ingredient, you get about a pound of that ingredient. Extra mushrooms were ordered, and when the *DEEP DISH* arrived, that's all I could see. Mushrooms on top of mushrooms. Two people can easily be filled by a small pie, so when you read on the

*Continued on Page 5*

## You Could Be The Next Miss Hemisphere

by Margaret McNiff, Managing Editor

"Judges, may I have the envelope, please!" Talent competition. Beauty, poise, and personality judgments—all the gala of a beauty pageant. Have you ever pictured yourself as a contestant in a beauty pageant?

If you would like your dream to come true, the Miss Hemisphere Beauty Pageant preliminary will be held October 20, at 1 p.m., in the University Square Mall, Tampa.

Deadline for entries is October 15 and competition is open to everybody, residents and non-residents of Tampa.

The age groups for girls are: 2-5, 6-10, 11-13, 18-27 years old. The category for boys is 3-7 years of age. The girls may be married or single and can compete in long or short party dresses. Girls will be judged on beauty, poise, and personality. The boys will wear dress

clothes and be judged on looks and personality.

A winner and four runner-ups will be declared in each age group. Every contestant will receive a participation trophy. The winners will receive a crown, trophy, banner, flowers, a gift, and the winners' entry fee will be paid for competition in the state pageant.

All of the state winners will advance to the national pageant where \$236,000 in prizes will be awarded. All six winners at the national pageant, which will be televised, will receive a new car.

If you would like to enter the pageant, contact Mary Clark 839-8054 (Tampa), or Theresa Spooner (904) 893-5316 (Tallahassee), for information on entry fees. Entry forms may also be picked up at the information booth at the University Square Mall.

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# Bios Spends Summer At Sea

by Sean M. Ferrell, Minaret Staff Writer

"Faster, faster!" roared the captain, "or we'll lose the whole catch!" The crew was already straining every muscle to haul in the net. From the dive deck junior Ralph Gauthier screamed, "We've got something really big here!" An ominous black shape suddenly appeared in the dim cockpit lights — a shark? a whale? The crew stood open-mouthed on the deck.

In the office of Dr. Richard Gude, professor of Biology, amidst books, bottles, and an amazing collection of shells, crustaceans, and other artifacts, gleaned from his many years of diving and teaching at the university, on his wall is a plaque which imparts to the viewer the most basic of all scientific rules, **Murphy's Law**: *Nothing is as easy as it looks; everything takes longer than you expect; and if anything can go wrong it will, at the worst possible moment!* Fortunately for everyone in this summer course, **Murphy's Law** proved wrong — almost.

Dr. Gude, Dr. Wayne Smith (professor of Biology) and twelve students set out on a two-week cruise this summer to investigate the biology of the Gulf and Gulf coastal waters. The course began with two days of orientation which involved lectures, and discussion of the procedures that the class would use to collect and identify the creatures they would encounter. On the third day, the class rand around packing their diving gear and shopping for groceries, or at least trying to shop. That day one of the worst monsoons of the summer hit Tampa. **Murphy's Law** seemed to have the upper hand, but in the morning the weather broke and it was almost clear cruising.

The first leg of the journey took the crew to North Cedar Key, a "quaint little village" consisting of a restaurant and about three houses, 100 miles north of Tampa. On the way north, the class took in the sun and went on some interesting snorkeling ventures which turned up many scallops and clams. These were immediately opened (in purely scientific interest) and converted into a sumptuous seafood chowder.

The group docked at the local restaurant and noticed a much-needed gas pump and an "old salt" on the edge of the dock. When they asked him for gas, he referred them to the lone waitress in the restaurant. She explained that it was necessary to call the owners. After a two-hour wait the crew asked the waitress again. "Oh," she said, "he's gone fishin! He'll be back later this afternoon."

As the afternoon waned, junior

Lou Bullard picked up his guitar and began to recite some tunes by — you guessed it — Jimmy Buffet. When the locals in the restaurant heard him playing, they began yelling requests out the window, to which he responded with even greater enthusiasm. Bullard kept things respectable but his cut-ups soon had the crew rolling on the decks. **Murphy's Law** again prevailed when the group learned that the gas man wouldn't be back until morning. A cool breeze, some hearty chowder, a guitar strumming and 14 tired crew members marked the end of the first leg of the trip.

The next morning the group cruised south to Homosassa Springs and up the river to the inland salt marshes. Normally, in an area like the marshes, one would find mangrove swamps, but as Dr. Gude explained, few mangroves grow above Tarpon Springs. The weather is too harsh to support the fragile ecosystem in which they exist. What the group did find, though, was a fascinating ecosystem replete with tiny shellfish, crustaceans, and marsh birds. They observed ospreys, snowy egrets and many more species which inhabit these warm, shallow marshes.

As the sun dipped below the horizon, the crew looked for a place to pull up for the night. A stop at a local dock on the river provided a break. The family who lived there offered to let the **Bios** dock for the night and suggested further that they pitch a tent in the front yard.

In the morning the **Bios** left for Tarpon Springs. The class held routine dives in the Gulf during the morning and managed to dive later that afternoon at Clearwater, further south. The night proved to be even more interesting. The crew decided to go trawling, a process which involves dropping a weighted net into the water which sinks to the bottom and drags along the seabed for a short distance. The trawl brings up all kinds of creatures — fish, coral, shrimp, algae, crustaceans, even rocks, in fact anything that is on the bottom or near it at the time. The group found many basket stars which are named for their shape. But the big haul of the night was a giant basket sponge, about the size of a thirty gallon drum and weighing over a hundred pounds with all the water inside it. Imagine the surprise when the class suddenly shined flashlights on something that large in the net. It took two students to lift the sponge and throw it off the side of the boat after everyone had studied it. Many different fish were also caught and used for further study.

The crew decided on an all-night run so that they could arrive in Tampa by daybreak. The gulf is an incredibly beautiful sight at dawn, with harbor buoys blinking on and off, and the city lights flickering in the pre-dawn air. Except for occasional gulls circling overhead, the gulf was almost totally silent.

After a three day layover, plans were made for a six-day round trip cruise to Everglade City, Florida, about 250 miles south and on the coastal edge of the largest swamp in the United States. Charlotte Harbor was the first stop-over. The second day was spent cruising through the Inter-coastal Waterway past Fort Myers to Marco Island, a small key about twenty-five miles from Everglades City.

The third day brought the class into the Everglades. The swamp's horsetails grow to an incredible two inches and more, so the crew was on the lookout. During the day, everybody snorkeled among semi-tropical corals and sponges and an amazing variety of shellfish. Another trawl that night netted an electric ray which can give you a nasty shock if you step on one or pick one up.

In the morning the ship traveled north past Sanibel and spent the day cruising, stopping for the night at Boca Grande, a small protuberance of land along the waterway. The next day found everyone snorkeling off the beach at Cayo Costa, a remote point which few people ever see. That afternoon the weather decided the ship's future course. Off Venice, the **Bios** encountered heavy winds and high seas caused by tropical storms and was forced to retreat to the Inter-coastal Waterway for the night. A tired crew pulled up at Bradenton, just south of Tampa that night.

Just before the final dive off Egmont Key, a familiar site to UT marine science students, the instructors found that the crew had decided on mutiny. Drs. Gude and Smith were ceremoniously tossed

ed overboard at the least expected moment. After the fun everyone dove into the clear water off this remote key. As the class again cruised northward, a band of porpoises (a sign of good luck) chased and played with the boat as she headed for home.

Just before arriving in Tampa, **Murphy's Law** came into full bloom. One engine overheated and the boat had to be stopped. Bullard, of guitar strumming fame, volunteered to check the underwater intake valves to see if they had been clogged. Armed with an underwater flashlight, he dove under the ship. Much to his dismay, a very large blue crab decided that it enjoyed the light as much as everyone else, and what ensued was a skirmish between crab (wanting light) and diver (trying not to get pinched). What seemed serious turned out to be minor engine maintenance. A valve on the water pump had been jarred loose and needed adjusting. The class cruised into Tampa Bay, tired but satisfied with their informative and adventurous voyage.

This summer course at UT may sound like a tourist cruise in the Caribbean Sea to a non-science major. The **Bios** is not just a fun/pleasure boat as some might think; she is a research vessel with modern equipment designed to do work currently found in university curricula, around the world. A modern navigational system guides her, and on-board holding tanks provide students with a chance to observe and investigate creatures of the sea in their native environment. The **Bios** required six long months of hard work to construct and equip. Many sacrifices were made to ensure that the boat has the latest and safest modern research equipment. Aside from the scientific aspect, the **Bios** has many additional features which make her a comfortable place to live, work and learn about the sea and the diversity of life it sustains.

## Hey Felix . . . Continued from Page 4

menu, serves two, or serves four, believe it.

Even though *pizza in the pan* is their specialty, Felix and Oscar's has a great line of super sandwiches, from hamburgers to their own *vegetarian sandwich*, all served with their special fries, and your choice of garnish or cup of soup. There are also several Italian specialties from *Veal Parmigiana* and *Chicken Cacciatore*, to great tossed salads and assorted soups. Draft beer is also sold at sixty-five cents for a mug, and \$3.25 for a sixty-ounce pitcher. There is also an excellent selection of wines, by the glass or carafe. Again, everything is very reasonably priced.

The restaurant is nicely decorated and the service excellent. The friendly atmosphere is casual and there is no dress code. There is also a fairly

large lounge area equipped with a bar and large TV screen, is available for parties. Groups of people, at about five dollars a head, can eat and drink all they can, while watching any game on the screen. That's worth it when you think of some of the lost cause parties that have been held on campus so far. Bus trips to Bucs games and dinners can easily be arranged by just a phone call.

Felix and Oscar's also delivers its fine line of food on weekdays till 12, and on weekends till 2 a.m. They guarantee their pies to arrive steaming hot. All that it takes is just one try; after that, you're hooked. It's the best *pizza pie* you have ever tasted. Felix and Oscar's is located at 236 North Dale Mabry, Tampa. Their phone number is 879-4219.

Finally a cure for munchitis.

## Ballet . . . Continued from Page 4

plete the opening of the company's twenty-sixth season.

A spectacular new production of *The Nutcracker* headlines the holiday's festivities on December 20. For the first time in seventeen years, The Tampa Ballet is presenting this classic with extra-special scenery, costumes, special effects, and exciting dances designed to dazzle viewers of all ages. Don't miss this thrilling holiday presentation.

Beginning February 14, *Swan Lake* (Act II) and *The Rite Of Spring* headline a powerful double bill. *Swan Lake* (Act II) is a well-researched adaptation of the 1879 Moscow production. *The Rite Of Spring* is an original conception inspired by the incredible Stravinsky score, full of color, mystery and sensualism so inherent in this infectious music. Together, these ballets make up

possibly the most exciting and intriguing theatrical event in Florida this year.

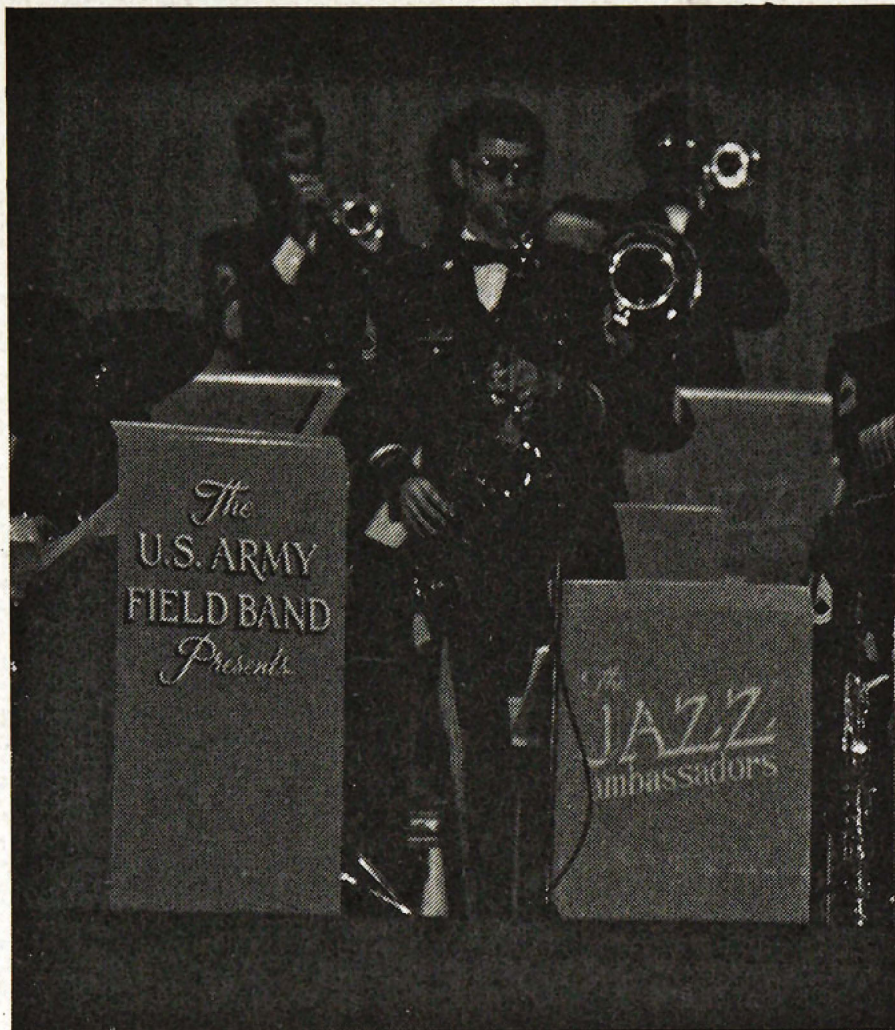
The last ride of The Tampa Ballet's season is highlighted by some new ballets, a special guest artist and choreographer, and the yearly visit of Susan Taylor's innovative group *Whose Move?* (mime, dance, theatre). Orville Johnson will create another new work for the company, as will guest artist Jeff Jones. Richard Sias' hilarious version of the infamous *Pas de Quatre* will be another featured highlight. All of the presentations scheduled for this season promise to be quite enjoyable.

Overall, The Tampa Ballet's schedule of events looks promising. For subscription tickets for the season, telephone 251-6313, or write The Tampa Ballet, Box 95 F, University of Tampa.

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# Potpouri



Despite the half-filled McKay Auditorium, the Jazz Ambassadors put on an enlightening display of musical talent.

(Photo by Mark A. DeBonis)

## Effective Living

by Dr. Edwin J. Nolan, Director of Counseling

### Asserting Yourself: Part I

Do you ever feel taken advantage of, bullied or cajoled into doing something against your will, saying yes when you want to say no, saying nothing when you are dying to say something? Do you ever find yourself getting all the things you want, only at someone else's expense?

Probably you are acting in non-assertive ways, either passively or aggressively. In either case, someone's rights and privileges are being violated. There is a third alternative, which involves acting assertively. This means standing up for personal rights, and expressing thoughts, feelings, and beliefs in direct, honest and appropriate ways which do not violate another person's rights.

People fail to act assertively for any of several reasons. Either people lack the actual skills to be assertive, or they lack the confidence to use them. Occasionally, an individual may lack both. This can stem from never hav-

ing learned these skills, or from encountering a very negative reaction when those skills were first employed.

Becoming assertive is clearly a learning process and, like most things that can be learned, can also be taught. We plan to offer Assertiveness Training Workshops during the course of the school year. The first one will begin on Tuesday, October 9, 1979, and meet from 1 to 2:30 p.m. Tuesdays and Thursdays for 3 weeks. We will stress both the skills and confidence through explanation, practice, homework and feedback. If you are interested in attending, contact the Counseling Center (Plant Hall room 305, ext. 303). Special arrangements can also be made if your club, floor, group, fraternity or any other organization would like an accelerated version. Let us know of your interest and we'll respond.

Next week: Part II. Guidelines for Behaving Assertively

Tim Ratchet —

I like your  
tummy!

H. O.

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## FRAT FOLLIES

### Theta Chi

The big OX stampede has already begun. Last week's football game and sailing party was a smashing success as we hosted our brothers from the FSC campus (in Lakeland) and many UT'ers. Thank you all for coming.

Congratulations are in order for three new Theta Chi pledges; they are Bob McNally, Kevin O'Connor, and Brian Lydon. However, bids for pledging are still available. We are looking for men who seek true brotherhood and enjoy working with others - it's the name of the game! If you feel you can accept the challenge of becoming a Theta Chi man, contact a brother or drop us a note with your box number in our box (2795).

Don't let the greatest brotherhood pass you by.

by brother  
Vincent Attardi

### ASPA

ASPA (the American Society of Personnel Administrators) is a national professional organization which has a student chapter here at the University of Tampa and is represented by major businesses in the Tampa Bay area.

The student chapter will be meeting the first Thursday of each month at 9 p.m. in the Student Union. Plans for this semester include the appearance of professional speakers; seminars; tours; and job preparation workshops. The local parent chapter offers a scholarship to the outstanding student member, and also offers the opportunity to become acquainted with local professional members of the community. Anyone interested in becoming a member should attend the next meeting on October 4.

### Pi Kappa Phi

Last weekend's picnic at Lowry Park was enjoyed by all. Plenty of food and fun highlighted the day along with the initiation of Cardinals. Congratulations Bruce for making it!

Pledge period starts this Friday night with the formal initiation of the pledges and rosebuds. It will take place at Ginger Cove. Please see Jeff White for further details.

Also this past weekend we enjoyed the company of Dave Long who is the Field Secretary. We all thank him for coming down and spending his time with us.

Congratulations Andre for breaking your old record! "Oh it hurts me!!"

Aloha,  
Mrs. Murphy

### Sororities Are Coming

by Beth Clark

The new Panhellenic Council of the University of Tampa invites all interested women to join in the crusade to bring sororities back to UT! We will be introducing Chi Omega, Delta Kappa, and Delta Delta Delta. A sign-up table will be located in Plant Hall lobby on Monday, October 1 or see one of the Panhellenic Council: Liz Lucas, Kyle Corcadden, Debbie Novakowski, Kathy Stagon, Nancy Alff, Mary Johnson, Lyn Call, Holly Fredericks, Lynn Wolff, and Beth Clark.

*It really breaks my heart  
sometimes that we're  
all singing and writing  
songs about love, peace  
and happiness, when  
really there's so little  
of it.*

D. B.

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## Problems With C.W.S.P.

by Mike Baker  
Minaret Staff Writer

Could the College Work Study Program (C.W.S.P.) be too much of a good thing? Not according to Rod Plowman, Director of Financial Aid. Plowman greets present difficulties with enthusiasm. The fact is that there are several students not receiving jobs promised — in writing — to them by the university. And that creates conflicts.

What Plowman refers to is the current hike in C.W.S.P. applicants and the question of jobs available for these people. The hike is due to the increase of C.W.S.P. programs as well as the unusually large turnout of C.W.S.P. students. The surprising turnout stems from over-awarding.

In many institutions that deal in granting monies, the concept of over-awarding is applied. This is done to satisfy the statistics. For example, if a particular budget calls for allocation of funds to 100 people, then approximately 120 would be accepted. The 20 additional students would be admitted on the assumption that there will be those that will not show up or decline the award. Consequently, when nearly all of the applicants do step forth, there are serious problems to be faced.

A similar case is now affecting the C.W.S.P. and other affiliated functions; the over-awarded students are appearing and many more than expected are seeking employment.

Willie Cunningham, assistant to Plowman, said, "Generally you only expect one-half to two-thirds to show. When you get two-thirds to almost all of them showing up, then you do have a problem."

After handling so many of these

C.W.S.P. applicants while still maintaining other employees, Cunningham said her most common reply is "Well, I'm working on it."

Pointing to a large pile of forms to be dealt with, Cunningham explained that the impressive turnout has directly influenced the shortage of jobs available. The more C.W.S.P. students, the more positions to be filled. While there are few jobs left, the agreement in writing states that all C.W.S.P. applicants will be provided a job.

Also experiencing the phenomena is Housing. Director of Residence Life and Housing Jan Jardieu said, "Housing is caught between a rock and a hard place. Everyone who had planned to work on campus is feeling the pinch."

Not only is there the re-occurring problem posed by increases in C.W.S.P. applicants, but Jardieu's department must work around budget cuts. In the past there were several different price wages applied to separate jobs. This year, however, each student will earn one set wage (\$2.90 per hour), which is substantially higher than last year in some areas due to the minimum wage regulations. In essence, the administration is enforcing budget cuts when there are many more students to serve, as well as paying these people higher wages (20% higher).

The remaining 20% is paid by the university. Thus, it benefits the school, as well as the entire working force of students, to indulge in the College Work Study Program. The school receives more services at a lower cost, and the student receives assistance according to his or her needs.

One student feeling the weight of all these perplexities, yet not informed of C.W.S.P. prior to this year, is Clyde Eisenberg. Never receiving any aid in the past three years at UT Eisenberg was dismissed recently from the job he held for two consecutive years.

This is due to stringent cuts in job availability. Though not on the C.W.S.P., Eisenberg has relied heavily on the steady income that his job provided. Voicing his opinion Eisenberg claims "I'm basically disenchanted with the school because it has very little respect for the continuing student."

"I feel that seniority should take place over the school scrounging for money," said Eisenberg.

In essence the funds (as they are) will not be sufficient to meet the entire C.W.S.P. needs; however, the jobs available must be provided as quickly as possible. This is the school's written obligation to all C.W.S.P. people. Referring to the likelihood of this, Plowman states assuredly "Although there is not currently enough money for us to fulfill all those that we awarded, there *will* be and we are going to place those people."

### Introducing:

## Baptist Campus Ministry

Mr. Jimmy R. Greene, the Minister to Young Adults at the First Baptist Church of Tampa, is working as a volunteer here at UT hoping to establish a fellowship for Christian students. This fellowship is called Baptist Campus Ministry (BCM), and is open to any students interested in Christian fun, friendship, and sharing. You don't have to be a Baptist to be involved with BCM! Baptist Campus Ministry will provide interested students with activities on campus for worship, discussion, Bible study, social life, witness, and ministry. It can be a place to make new friends and share common interests.

BCM meetings will be held every Tuesday evening at 9 p.m. in Room 2 of the Union.

BCM is basically a fellowship of Christian students who want to grow with Christ and to help others in His name. What can BCM mean to you? It all depends on your willingness to become involved.

### Come To COMEDY NIGHT!

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- 3 Stooges
- Keystone Cops

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Falk Theatre

## New Things Circulating At Merl Kelce Library

by Christine C. Jolly  
Minaret Staff Writer

The UT Merl Kelce Library is currently installing several new student facilities. With over 18,000 volumes, periodicals, and microfilms, the library is an extremely popular educational center.

There are three main projects in which the library is involved. First, the staff is in the process of computerizing the circulation system. This will inform the students of books that have been checked out, books that are on hold, and books that are not available at this library. The computer will prove to be beneficial to the students mainly because it will provide the necessary information more rapidly. This resource is expected to be in operation next semester.


A second endeavor now underway is the Ohio College Library Center (OCLC). With this mechanism, the librarian will be able to ask the location of specific books that may not currently be at the UT Library. Requested books can be mailed from any other state to UT through a simple request.

Finally, a Lockheed Dialogue System is being installed. In minutes, this device will direct students to information that would normally have taken hours to research. A question can be fed into the computer, and it will locate the sources of information. This system will avoid the loss of precious time often spent searching through numerous periodicals.

Along with these recent innovations, UT welcomes Dorothy Iorio, a new staff member. Ms. Iorio, who is from Hillsborough Community College, will act as the periodicals librarian.

Although the UT Library has an adequate supply of materials, students are encouraged to use the University of South Florida Library whenever necessary. UT students can borrow books by presenting their validated I.D. card. Directions to the University of South Florida Library are available at our library.

The UT Library hours are Monday through Thursday, 8 a.m.-12 midnight; Friday, 8 a.m.-5 p.m.; Saturday, 1 p.m.-5 p.m.; Sunday, 1-12 midnight.



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# Alcohol Abuse At UT

by Carl Hite  
Dean of Students

Two years ago, the students at the University of Tampa were given the opportunity to re-write the rules and regulations which govern their behavior on campus. I feel that for the most part this opportunity was well received. However, there has been one part of the program that I think has not been successful. This is the use of alcohol on campus, and the consequences of that use. Last year the Student Judicial System at the University of Tampa heard 166 cases. Most of these cases dealt with some type of abuse - alcohol, drugs, physical or verbal. In over 80% of the cases, the individual, at the time of the violation, was under the influence of alcohol.

Events of the past weeks have brought to my attention even more the alcohol abuse that is taking place on campus. As you know, a student drowned in the Hillsborough River. According to information that we have, he had consumed quite a bit of alcohol before he went into the river. Perhaps he would not have drowned if he had not been intoxicated.

I am informed that an event took place in McKay Hall in which two floors got into a fight over a keg. I have also been informed that one fraternity, at their party, provided students "straight shots" and "killer cones."

I am requesting that students submit suggestions to me on what can be done to improve the responsible use of alcohol on campus. I will be creating an Ad Hoc Committee made up of members of my staff and interested students to deal with the problem. I will also be discussing this problem with the Inter-Fraternity Council, the Inter-Hall Council and the Student Council. If I am not satisfied with the recommendations I receive from

those organizations and students, I will be in the position of changing the rules and regulations that deal with the use of alcohol on campus. The university should not be in the position of promoting the misuse of alcohol. If you do have suggestions, please stop by and see me or send your suggestions to me. My office is located in Room 301, Plant Hall.

The university has an obligation to promote the programs dealing with alcohol abuse. We plan to do this, and we hope you will attend those programs.

**Feedlemeyer  
Hoernickel  
Jonasaeau Jones,  
Jr. —**

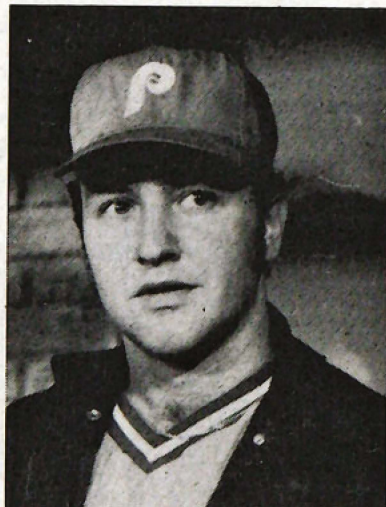
**You can have your sunflower seeds back. I don't need them anymore.**

— Love —  
Kissy Poo

**In Memorium  
James Dean  
September 30, 1955**

***I'm the last guy you want to see.***

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# Oxfam Fast Is Here Again

by Fr. Bob Wiesenbaugh

Last year, UT joined (for the first time) Oxfam's annual international Fast For A World Harvest. This fast had several goals; some for the fasters and some for the millions of malnourished of the world. For UT students, it gives a chance to grow in empathy for the world's hungry by feeding, at least to some small degree, their hunger which can lead us to develop both a new awareness of our own use of food and the ways our country handles it on the world market. For the hungry, Oxfam has been able to collect almost a million dollars over the past five years through this Fast. The money has been used to help

self-help projects of the hungry on the local level.

Last year at UT, 152 students joined in the Fast. The money, collected by fasting and donations, totaled \$272. We hope that UT's participation will be even more significant this year. To achieve this, I am extending an invitation to everyone on campus — students, faculty and staff — to join, indeed *form*, a planning and organizing committee for this year's fast the Thursday before Thanksgiving. We begin meeting Thursday, October 4, at 5 p.m., Room 338 Plant. Plan on coming!

## "Changes"

by Dr. Carl Hite  
Minaret Article

The University is not a static institution. There is constant change taking place. At the beginning of the year we had hoped to fill the position of Ombudsman. However, due to changes within the Student Affairs Office, that position will not be filled.

Mr. Wayne Hutchins, who was Hall Director of McKay, as well as Coordinator of the Student Judicial System, left the University on September 14, 1979 to accept a position as Assistant Director of Housing at California State College in San Bernardino, California.

Therefore, Ms. Darleen McGrath, presently Hall Director of Howell, will assume the responsibilities of Coordinator of the Student Judicial System. Mrs. Myla Uppercue has joined the university as Hall Director of Smiley Hall. Mrs. Uppercue comes to us from Shippensburg State College in Shippensburg, PA. She received a Master of Science in Counseling with a specialization in Student Personnel Services. Because the position of Ombudsman has been eliminated, the Dean of Students will continue operating in that capacity as well as handling short-term emergency loans. Short-term emergency loans are for a maximum of \$25 and must be repaid in less than five days.

**E. K. — How is Shamu?  
My fingernails are gone.  
Dang that wall**



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# Spartan Kiddie Corps Unveils Secret Weapon

by Tony DeSormier, Minaret Sports Editor

Coach Miller was a bit concerned about team morale going into the season opener. The Spartans had only scored two goals in their three pre-season games and gave up eight. Coach Miller said that the prescription for the Spartan doldrums would be "some goals and a win."

If that was the prescription, then the Spartans received an overdose. The Spartans came out roaring, and scored a quick goal from their Blonde Bombers: Joe James and Pete Johansson. James sent a perfect cross to Johansson who headed the ball into the net for the ice breaker. And the Spartans kept scoring and won 7-0.

Johansson, "the Swedish Cannon," set up two more goals less than 10 minutes apart for Mike Fall, a freshman from Orlando, Florida. The Spartans scored once more before the half ended, as Rich Bergold set up Johansson for his second goal of the game.

That was all the Spartans really needed, and freshman Craig Scarpelli registered his first college shutout. The Spartans scored three more goals in the se-

cond half. Randall Sapp, from Tampa, scored twice, one on an assist from Johansson, the other unassisted. Mark "the Moose" Putnam put the icing on the scoring cake as he ran into the goalie on a breakaway and the ball found its way into the net.

Aside from the outstanding offensive performance of Johansson, the Spartans got strong performances from Mike Fall and Randall Sapp (two goals apiece). Defensively, the Spartans were led by Joe James and Brian Keener.

The Spartans try to continue their winning ways as they take on Stetson University in a game delayed by rain from last Sunday. The delay gave the Spartans a chance to recuperate from some bruises they received during the Florida Southern game. The Stetson game will give the Spartans a good tune-up for their first major game of the season.

The Spartans travel to St. Petersburg this weekend to take on a very tough Eckerd squad that will be one of the Spartans competitors for a NCAA division II bid at the end of the season.

Go get 'em Spartans!!!



Peter "The Swedish Cannon" Johansson unloads shot against F.S.U.

Minaret Photo by Jerry Thomsen

## SPARTAN SPORTS

### Harriers Grab More Than Expected

by Margaret McNiff, Managing Editor

When you expect less, more often than not you receive more than anticipated.

Coach DiBernardo will attest to that. Last Saturday at the cross-country team's first varsity meet held at USF, DiBernardo expected less from his harriers, but was instead startled at the team's results.

"This meet was an honest beginning. I certainly expected less and got more. It was a big surprise. I was especially surprised at Warren Lowey's finish and the finishing places of the underclassmen," DiBernardo said.

In what was classified as a big meet and a double-dual-meet, UT finished third in the big meet standings. USF claimed first place honors, Georgia State second and Florida College fourth. In the double-dual, UT lost to USF, who stole the first five finishing places over the five mile course, to tally a perfect score of 15. However, UT edged Florida College, from Temple Terrace, by one point, 89-90, making this team's first varsity win.

Warren Lowey, a senior graduating in December, crossed the line first for UT, and eighth overall.

"Warren ran against some of the best Division I and Division II people in this region," said DiBernardo. "Only one Georgia State runner beat him, and he was the regional champ last year."

Lowey, a runner who never put on a pair of running shoes until two years ago, finished the course in 28:12. He said, "I wish I had more time to warm

up. My legs didn't feel as stretched out as they could have been. I know that sooner or later I'll beat the regional champ from Georgia State. He is certainly beatable."

Lowey is slowly establishing a name for himself within the running circuit. Last year, Lowey won UT's Turkey Trot and was 68th out of a field of 2000 runners in the Gasparilla Classic 9.4 mile run.

When not competing for UT, Lowey runs regularly in races held in the area every weekend. Presently, Lowey has his sights set for the Schlitz Marathon (26.2 miles), to be held in December. Lowey plans to use the race to qualify for the prestigious Boston Marathon in April. To do so, Lowey must finish the Schlitz Marathon in less than 2 hours and 50 minutes.

Scott Brown, a freshman, finished second for UT and 18th overall. Jacques Pauchey was the 23rd place finisher, Harry Micheli 24th, Dennis Rear 25th, Al Bobelis 26th, and Mike Cammick 27th.

Lisa Smithson and Ellen Lee, the only women in the race, got a taste of collegiate racing and will certainly be ready for the invitational women's races approaching shortly.

"This meet was a success, but right now I'd like to put this one behind us and go after another," said DiBernardo.

This Saturday, UT's harriers will face Florida College and Southeastern of Lakeland at Hillsborough State Park.

### UT Women's Soccer

The UT Women's Soccer Club was defeated at home Sunday by the Chevettes, 2-1 in an exciting season-opener.

Paula Stanton scored UT's lone goal, assisted by Nancy Byonpane.

The women's next game will be against the Pink Panthers on Sunday, September 30 at 1 p.m. in Pinellas County.

For information contact Dr. Kratz in Plant Hall, Room 315.

Below: Coach Marco DiBernardo and golf coach Jon Seavey look on as Runner Warren Lowey (right) finish first for the University's Cross Country Team.



Minaret Photos by Brad Black

## Lady Spartans Look Strong In Season Opener

by Tony DeSormier, Minaret Sports Editor

The Lady Spartans faced the season's opening tri-match against Florida Southern College (#2 in the state last year) and Manatee Junior College (one of the top junior college teams in the state) as underdogs.

But the Lady Spartans came out showcasing a new spirit. It could have been a long night for the Lady Spartans and their fans, but they played with the determination and drive that almost carried them to some major upsets.

The Lady Spartans opened the match against Manatee J.C. Led by Jane Castor, Debra Harrison and Teresa Underhill, they gave MJC a good in

the first match, losing 15-12, 15-4.

By winning the opening contest, MJC got to play the next match against Florida Southern College. It was hardly the best match of the evening as MJC FSC three games before losing, 15-5, 13-15, 15-10.

The Lady Spartans then took the floor again to play FSC. They showed a good deal of clean gamesmanship, but lost, the hard fought battle 15-8, 15-5.

It was encouraging to see our Lady Spartans putting up such strong opposition against such demanding opponents. It looks like a promising year for our Lady Spartans.

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# Stretching To Prevent Sports Injuries

by R. F. Vidal, Minaret Staff Writer

Few athletes are sufficiently educated in the proper conditioning procedures to be used before participating in a sporting event. Although this is not a new subject, it is one too often overlooked by coaches and athletes. Lack of proper exercising before and after a sporting event is one of the major causes of muscle injury.

Athletes need some type of warm-up in order to perform optimally. Most athletes neglect to warm-up properly; they are generally on a limited time schedule and usually shorten the warm-up before the event. It has been shown that effective stretching programs can be included in limited-time conditioning programs. Bill Buheler, trainer for the Los Angeles Dodgers, is a believer in warm-up exercises. He says: "If a muscle is pulled, we have been able to keep on stretching while the player had the injury. It is amazing how the stretching program has cut down on the recovery time. Muscle soreness has almost been eliminated."

Athletes will work for greater strength, speed, and endurance and totally ignore exercises designed to increase flexibility. The result is a high incidence of initial and recurring injuries to the muscles.

Most athletes enter the athletic world with limited flexibility because they have never used stretching exercises. They learn to work within some reduced limit, which is acceptable until stress is added to excel; most of the injuries which result are avoidable.

There is no general body factor called "flexibility." As a result, each joint in the body develops its own specific degree of flexibility. Unless a joint is moved through a full range of motion movement regularly, the muscle will shorten and revert to its normal tone rather than the athletic tone desired.

There are several types of exercises that can be used to stretch and increase flexibility. All have been shown to be effective. The type called "static" or slow stretch is considered the safest. It is the same type of exercise that is used by dancers, gymnasts and yogis. The exercises diagramed should be done slowly and held for 30 seconds. The muscles are stretched until there is a tight feeling, but not to the point

where pain is felt. Do them slowly and gently, with no jerking, bouncing, or pain.

When choosing a set of stretching exercises the athlete should concentrate on those muscles used in the sport for which he is conditioning, i.e. a soccer player would spend more time on the lower extremities than a handball player; however, the rest of the body should not be neglected.

The process of increasing flexibility by exercising is not like instant coffee; it takes a few weeks to get some results. Although most athletes do not require the large amount of flexibility needed by a gymnast or dancer, they must expect it will take several months to make good gains

in flexibility. Also, once a certain level is reached, muscles must be stretched regularly to maintain the new level of flexibility.

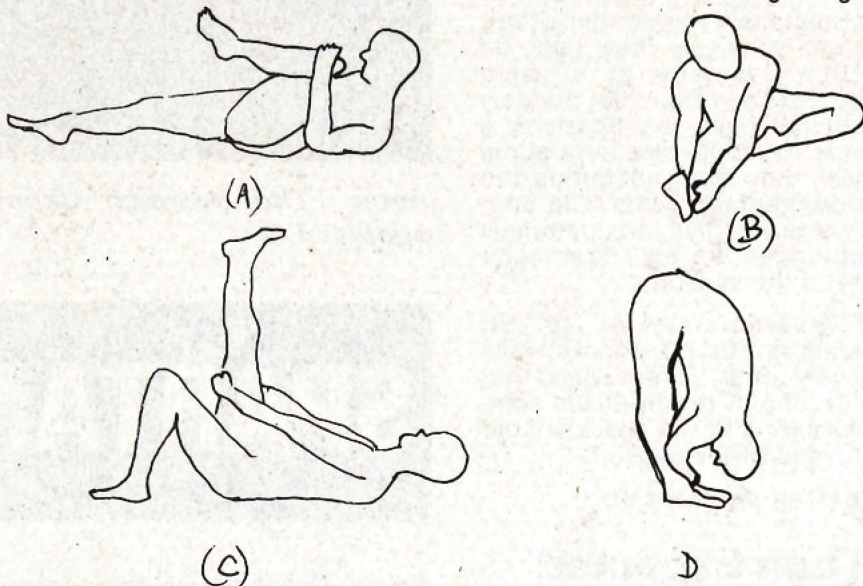
Stretching exercises should be done daily and year round. In this way "off-season" stiffness can be avoided.

Reduction of the incidence of injury is not the only benefit. Short term, there is the alleviation of muscle soreness, especially when stretching is used directly after strenuous workout to relax the muscles.

Many more things need to be considered when using stretching exercises; prescreening athletes for flexibility; determining needs of individual athletes according to age, sex and activity; prescribing specific exercises for specific sports on a team basis; and deciding the most efficient conditioning programs. This last consideration should be worked out with the proper university department and the respective coaches.

(credits) Dr. Vidal is a retired Chiropractic Physician who, during 15 years of private practice, assisted the school system of Orange County, N.Y. in prevention of athletic injuries.

These four exercises are basic to the Olympic warm-up program. In each of the illustrated exercises, assume the position shown and gently pull until a stretching is felt. Hold for 30 seconds and release. In exercises A, B, and C, perform the exercise on both sides of the body. Exercise D stretches both legs simultaneously.



## Buc's Stay Afloat

by Mark A. DeBonis  
Minaret Staff Writer

The Tampa Bay Bucs held onto their first-place position in the Central Division of the NFL's National Conference by overthrowing the LA Rams 21-6. The game truly showed that the Bucs have the power to capture a play-off spot in their division.

The Bucs were down 6-0 in the first quarter of play when a Doug Williams pass intended for Morris Owens was intercepted by veteran linebacker J. Youngblood. Youngblood ran the ball into the end zone to score. The point after was blocked.

Despite this minor deficit, the Bucs flurried in the second quarter for three touchdowns, starting with the first on a fifteen-yard pass from Williams to Larry Mucker. The point after was completed.

The second touchdown came with 9:16 left in the first half of play. After three plays the Bucs were forced to punt the ball away. Due to a personal foul charged against the Rams, the Bucs regained possession of the ball once again. On first down Williams threw an incomplete pass to Owens. Another penalty flag was thrown, charging the Rams with a second personal foul, moving the ball to the Bucs' 29 yard line. Two plays later, a third penalty flag was thrown again against the Rams for unnecessary roughness. This moved them down to their 14. Third down and one yard came around two plays later. The Bucs were on their own five yard line. Rickie Bell scored on a running play up the middle.

The Rams also failed to score on their next set of plays. This gave the Bucs possession of the ball on their own thirty yard line. It wasn't until six plays later that the Bucs were

ahead another seven points when Williams connected with Giles for their third and final score of the day; the point after was good.

The Rams had possession of the ball again but the first half ended.

The Rams made only one real threat to score in the third quarter when the Bucs fumbled the ball on the forty. Haden threw three incomplete passes, including one on the fourth down and five to go for the first. This gave the Bucs the ball at the twenty-five.

The fourth quarter rolled around, and the Rams turned the ball over three times. The Bucs made one final attempt to put some insurance points on the board when O'Donoghue attempted a 32-yard field goal. It was blocked by Pat Thomas. The Rams had the ball only for a brief moment when Wendell Tyler fumbled it, giving the Bucs possession.

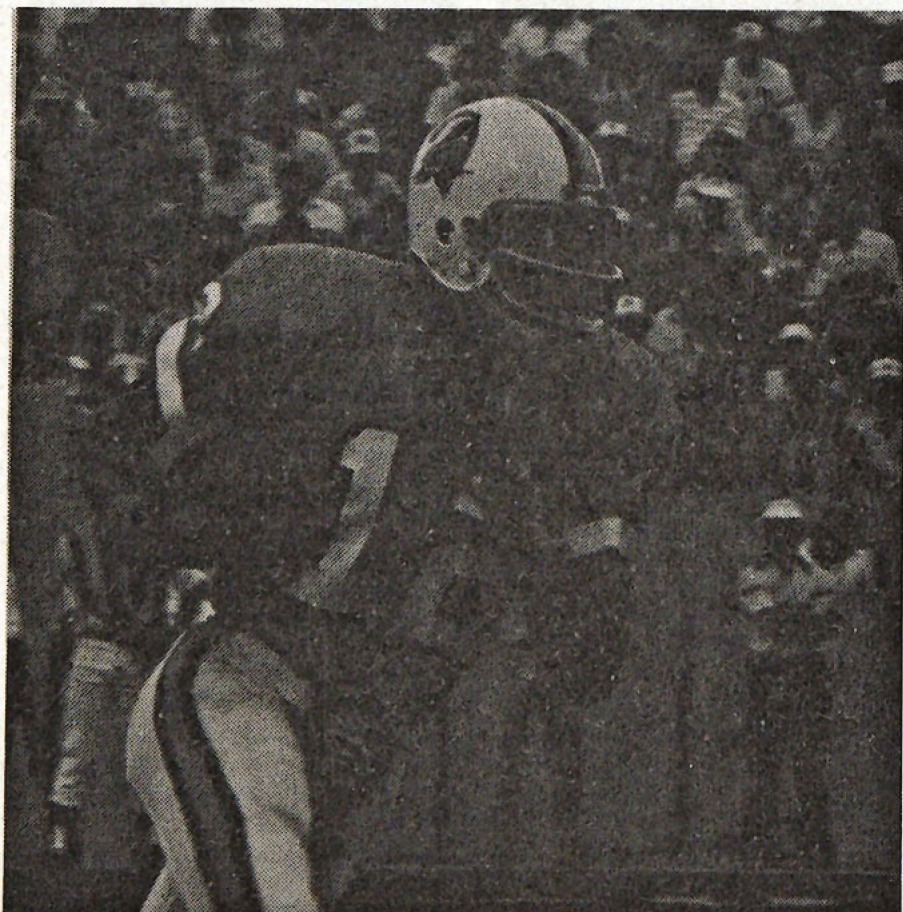
The ball exchanged hands once again, but this time it was too late for the Rams.

The best way for describing the play of the Tampa Bay Buccaneers was stated by one of the fans who said, "We waited three years for something like this to happen; the dice are thrown and the chips are falling our way."

**Michele,**

**May your kangaroo  
always hop high  
and stay purple.**

**Sondra**



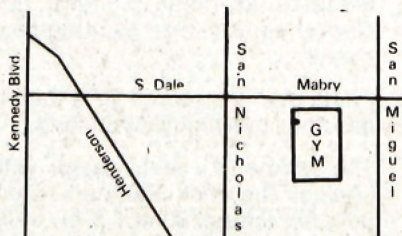
The Buc's Doug Williams looks for running room against Los Angeles.  
Minaret Photo by Mark A. DeBonis

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