

# The Minaret

Vol. 69 No. 4

UNIVERSITY OF TAMPA • TAMPA, FLORIDA

September 27, 1996

## Giddens plans to boost donations

By BEA SCHROTTNER  
Staff Writer

The University of Tampa has hired Thomas Giddens as director of Major and Planned Giving. According to Dan Gura, vice president for Development and University Relations, the position is critical to the school. "(Thomas Giddens is) a tremendous enrichment to the staff," said Gura.

The post has been vacant for two and a half years due to budget cuts.

According to Gura, Giddens' task will be twofold. In supervising the area of Major Giving, he will identify subjects willing and able to donate a minimum amount of \$1,000, ideally of \$5,000 to \$10,000 and up. He will try to see that donations made on an annual basis will be increased.

Giddens will also be in charge of cultivating Planned Giving, donors including the university in their will or an estate plan of any other sort.

Gura said that the goal is to get people to think about UT before other non-profit organizations.

"Once we get by their church and their family, we'd like to be number three," said Gura.

In spring of 1996, the Legacy Society was founded to assist individuals in deciding how to make the university part of an



Chris Doyle — The Minaret

Giddens' past fund raising work includes the Florida Symphony Orchestra and Ruth Eckerd Hall. He plans to bring needed funds to the university.

estate plan. The Institute for Estate and Financial Planning utilizes the Planned Giving Council to handle potential donors'

Once we get past their church and their family, we'd like to be number three.

— Daniel Gura

questions.

Although Planned Gifts are very important, said Gura, the area most critical for UT is that of Major Giving. Donation rates among alumni have gone from as low as two percent six years ago to an expected 15-20 percent this year. There has also been a large increase in faculty and trustee giving.

Despite this, UT hasn't been able to secure constant annual major gifts. Gura said it will be among Giddens' main responsibilities to identify and cultivate donors in this field.

See Giddens, page 5

## Committee deciding on physical therapy masters

By JOANNE BEN  
Staff Writer

The University of Tampa is deciding whether to offer a physical therapy masters program.

A committee headed by Nancy Ross, associate professor of nursing and chair of the department, and Karin Otto, assistant professor of biology, has been discussing and reviewing the feasibility of the program since the early summer of 1995.

"If the program gets approval this semester, we will probably not start it up till the spring of 1998," said Joseph Sclafani, associate dean of the College of Liberal Arts and Sciences.

Sclafani added that it will not be accredited till the year 2002, and a student with the necessary science preparation, regardless of major, will be accepted.

Physical therapy involves the use of

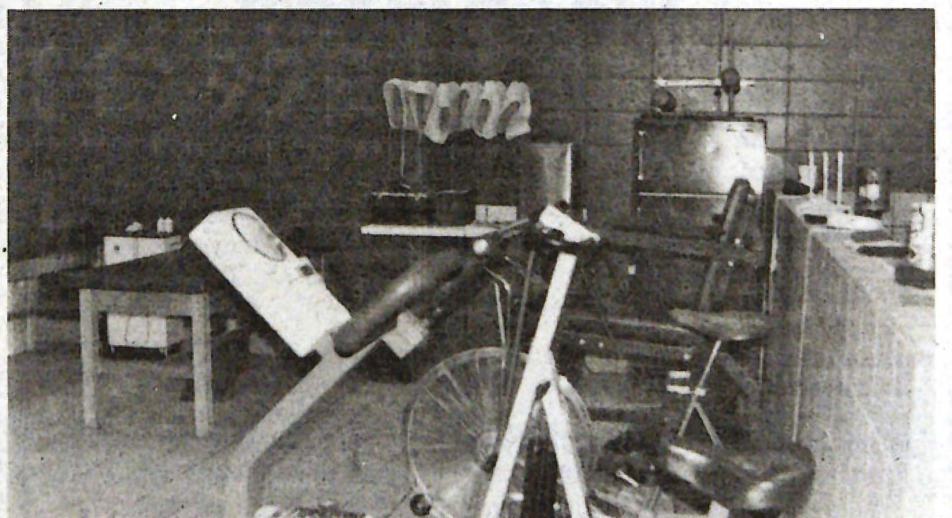
exercise and other techniques to help the healing process in individuals with physical problems. Those going into the field can expect to find work in clinics, hospitals, rehabilitation clinics for physical injuries and sports education.

Currently, UT has no undergraduate physical therapy program, but students can take specific courses allowing them entry into masters programs at other universities.

According to Sclafani, if the program is started at UT, students entering as freshmen will be required to have a 3.0 high school grade point average or a combined SAT score above 1100. College graduates will need a GPA of 3.2 or higher.

Sclafani added, the program will start off with 240 students, of whom there will be 180 undergraduates.

See Committee, page 6



Shannon Whitaker — The Minaret

The equipment currently housed in the Martinez Sports Center, along with possible new equipment, will be used to teach physical therapy masters students, if the committee decides the program is feasible.

## Students review future options at job fair

By JEN SANDERSON  
Staff Writer

The Office of Career Services held an annual Job Fair on Wednesday, Sept. 11, in Plant Hall. Various community employers offered job opportunities for students looking for part time and full time positions.

"We're looking for students to fill our position needs because they bring a lot of new and creative ideas to the workplace," said Angie Joseph, representing Tampa Bay's Business Journal.

One student looking into medical employment was surprised to see an opportunity to work for a medical lab.

"The positions we offer will expose students to the medical environment as well as help medical students learn the terminology used in laboratories today," said Julie

Freeland, employment recruiter for LabCorp.

"Kaplan shows students their options in graduate schools and how to get there. It is composed of instructors and advisers who prepare and help students with tests, such as the MCAT and TOEFL, that are needed for acceptance into graduate school," said Nancy Wall, representative of Kaplan, a training program for students looking into graduate school.

Other positions available at the fair were in sales and marketing. MetLife and Marketing Information were looking for students interested in full time positions.

"We need students who are interested in financial service sales, and helping others with investment plans for the future," said Debra Coleman of MetLife.

"The representative for marketing in-

formation was very informal in his presentation," said one student. "He came up to me, asked for my name and phone number, but did not talk about what marketing information was or give me any paraphernalia like other businesses have."

Pizza Hut, Blockbuster Video, Hyatt Regency and S&K Menswear offered part time positions.

"We're looking for motivated young people. We hire different-aged employees to show and allure a variety of shoppers to our stores," said Diane Blouin of S&K. The Hyatt, located downtown, offered benefits to employees, as well as tuition reimbursement for management positions.

Companies like Enterprise Rent-A-Car

See Students, page 7

### INSIDE

#### Overcoming the freshman blues

Settling into campus life for the first time.

See Freshman, page 9

#### Getting back to the top

UT volleyball preview

See Getting back, page 15



# Substance must be added to end programs' facades

## EDITORIAL

Dozens of attractive new programs color the University of Tampa catalog this year: art therapy, graphic design, computer graphics and environmental science. Now, a physical therapy masters might be added.

All of them offer fresh career opportunities and will attract more students. But if UT performed in Falk Theater today, we'd see bright costumes behind clouds of smoke.

No matter how many majors or programs the university layers on, the curriculum still lacks a solid body. We lie through our teeth when we say this is a liberal arts college. And we still say it.

Our 1996-97 mission defines our core curriculum as "rooted in a liberal arts tradition" and ensures students learn "by thinking." Really?

As of today, philosophy and religion, the backbone of a liberal arts education, the keys to systematic thinking and world cultures, still remain minors, and insufficient ones.

UT offered only one religion course this fall, not even taught by a full-time faculty member. Philosophy courses for upperclassmen also totaled one; fortunately, minors need only this measly number to fulfill their degree requirements.

After the crippling cutbacks of 1993, the department dwindled from three permanent faculty to one. By definition, we're getting by with the bare minimum here.

Can we justifiably say our students learn "by thinking" when they don't have the chance to thoroughly explore the thinkers? Can we feel comfortable releasing a generation of people regurgitating ideas instead of producing them? Can we respect a future ignorant of other cultural beliefs, spirituality and soul?

More importantly, students in all existing majors, from literature to biology, need a solid understanding of these subjects.

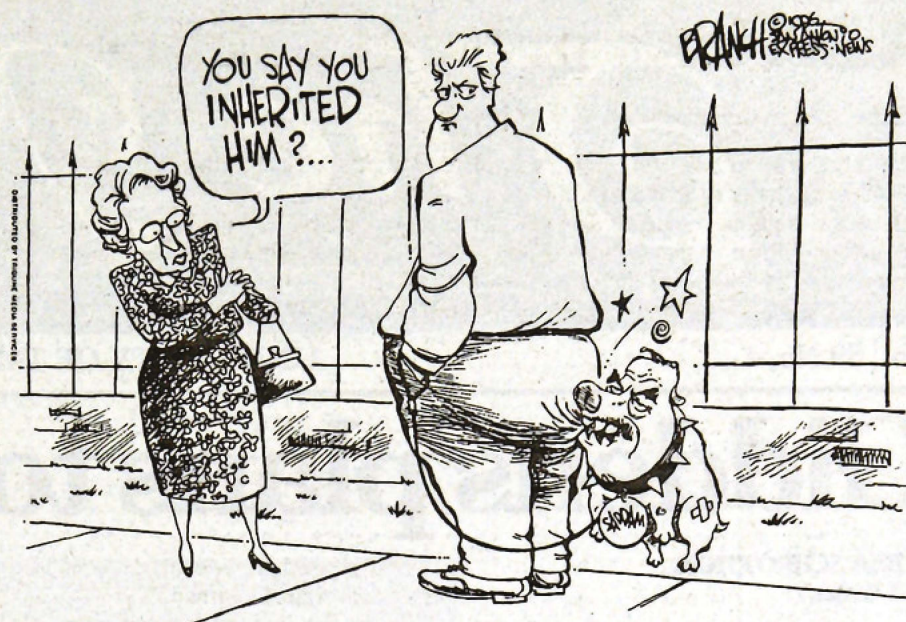
For example, marketing consultants use ethics when developing strategies; scientists discuss philosophy and religion when putting the newest technical expertise into medical practice; and businesses must utilize a knowledge of other religions when operating in the global arena.

Since almost every area of a university passes through the hub of this discipline, it is surprising that both colleges are not urging the philosophy department's full recovery.

Even our newest curricular hopes will flounder if we don't repair recent curricular damage. Programs like those in the international development office safely sit in the audience, yet fail to turn on the spotlights. They leave themselves in the dark, not recognizing their own need of a strong, supported resource for guidance and advice.

Our community continues to stress global awareness, with its freshman simulations and annual Global Village. Even our mission implies that we "facilitate intercultural awareness and understanding." But without a commitment to religion and philosophy, these efforts are half-empty dialogue, glittery shows minus the plot.

Of course, maybe this university doesn't care about presenting universal truths or about giving their students healthy roots. Maybe all we need is the show, as long as the money's rolling in and seats are warm, at least this year. But, if that's the case we better revise our mission statement to: "we seem to cover the basics."



## College differences come clear after high schoolers' dorm visit

### COLUMN

Monday my home was invaded by creatures that I've tried hard to forget. Demons so hideous that I buried even the palest memory of their existence deep within my mind. On Monday two high school students paid a visit to my Res Com room.

As the story goes, these two girls followed a friend of mine home over the weekend. And they had such a good time that they came back the very next day, as soon as school got out. I hated every second of their being in my

personal space from the moment they arrived until the moment they left. They were rude to me and my roommates, they were snotty to our friends and they made themselves obnoxiously right at home.

I do not want my room to become a high school hang-out. I don't want teenyboppers stopping by my room so the next day they can brag to their friends about how cool it was to hang out at UT. I do not want high school students doing to me exactly what I did to others when I was their age.

Oops! Wait a second...

When I was in high school I lived about half an hour from both Rutgers and Princeton Universities. I spent a great deal of my time wandering aimlessly through these college towns. I would cruise the coffee shops and the hole-in-the-wall restaurants doing my best to be as "college like" as I could.

I would be mature, sophisticated and as debonair as humanly possible. I tried to look smart yet tough and lovable so hopefully some college kid would talk to me. And should, by some amazing stroke of good luck, this plan actually work maybe I could worm my way back to the dorms.

The dorms, that mystical place where all the groovy sophistication of college took place. A place where art and literature were

discussed at length, and they had beer and older women. These are the things that dreams are made of.

I had such magical views of college life, as do all high school students I'm sure, and they were all confirmed by the occasional college party I got into. Saturday night at Rutgers was crowded, noisy and filled to the brim with everything my parents were afraid of. I loved it.

Then I graduated from high school and went to college myself. My impressions of that wonderful place were dashed the moment I arrived on campus. I discovered almost immediately that college was, in fact, hard work and that I would spend the next four years of my life busting my hump.

I learned the college study now/party later balance fairly quickly. I learned to get the grades, then go out and party till I puked. Art, literature, beer and girls exist, but not in the way that I imagined when I was raiding parties back home. Those kids were hard at play only because they were hard at work a few hours earlier.

I wonder if my sophistication came off as snobbery or if my maturity was obviously fake. I have to think that maybe I put a bit too much effort into being "college like." Maybe being friendly and myself would have been a better way to go. I wonder if those funky fellows I visited back in the day saw me as I saw those girls who visited my room.

A lot of growing up takes place in just a few short days at college. In an amazingly short period of time a student can become a completely different person. I like to think I'm not the same person I was in high school. And when I visit old friends I confirm that I'm not. I've grown up, figured a few things out and perhaps even made myself a better person.

These two high school girls visited my room on Monday. They were rude and obnoxious to every one who lives there, so we virtually ran them off the campus. If they ever come back I think I'll invite them in. And tell them not to try so hard.

John Berglowe is a junior majoring in art.



By  
JOHN  
BERGLOWE

## The Minaret

**News Editor**  
Michileen Martin  
**Features Editor**  
Phil Bacon  
**Opinion Editor**  
John Berglowe  
**Sports Editor**  
Kurt Kuban  
**Business Manager**  
Tara Ronzetti

**Editor in Chief**  
Sara B. Rader  
**Asst. Editor**  
John Berglowe  
**Adviser**  
Andy Solomon

### Staff

**Photo Editor**  
Shannon Whitaker  
**Asst. Photo Editor**  
Chris Doyle  
**Copy Editor**  
Amy Vandawalker  
**Layout Editor**  
Rodger Wenzlaff  
**Advertising Manager**  
Patrick Ingle

Joanne Ben, Milner Benedict III, Kelly Graziano, Susan Wheeler Hudmon, Cory Kauffman, Jason Kreitzer, Andrew Linnehan, Mellissa Perry, Mike Pridgen, Farah Refai, Doug Richter, Dan Shock, Deanna Mason, Jen Sanderson, Bea Shrotnner, Nikki Teigen, Julie Tremmel, Tiffany Whiles, Cedric Widmer, Rosie Vergara and Yo-Yo the mascot.

Letters to the editor must be typed, double-spaced and contain a maximum of 250 words. Please submit letters to *The Minaret* office (Student Union, Room 4) or UT Box 2757 by 2 p.m. Monday to appear in Friday's issue. Letters must be signed and include an address and a telephone number where the writer may be contacted regarding editing. Editors must edit letters for libel and space considerations. Names will be withheld at the writer's request.

**BE A SATISFIED  
READER SUBSCRIBE  
TO THE MINARET  
CONTACT PATRICK AT  
X-3636**

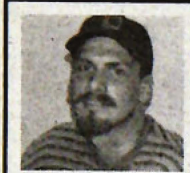


# Real democracy absent in America's present politics

COLUMN

If you need to hear some concrete dialogue on what will solve America's social ills, this political season has probably got you down in the dumps. The major candidates, using the Networks and major media outlets as their slicked-up soapbox, continue to shovel partisan rhetoric down our throats. All the while, Rome continues to burn.

I like to believe the majority of Americans aren't gullible enough to be hood-winked into accepting all this meaningless babble as their salvation. It is probably the reason for the huge numbers of the electorate that don't even bother to vote.



By  
KURT KUBAN

Well, I'm happy to report there are places left where you can actually hear good, solid remedies to our problems.

Case in point: Nationally syndicated columnist and three-time Pulitzer Prize winning author Molly Ivins, traveling the country to promote her two best-selling books, recently gave a speech at the University of South Florida Special Events Center. A political commentator, Ivins writes for the *Fort Worth Star-Telegram*, but is regularly featured in such publications as *The New York Times*, *Time* magazine and *Newsweek*. Yet, make no mistake about it, she is a Texan through and through.

Since we were on a university campus, it seemed appropriate the room where the pre-lecture press conference was held was nothing more than a small, dressed-up classroom. At the front of the room, there was a podium that faced two rows of five tightly placed chairs and a couch which crowded one of the walls to the side. Within, gathered about a half-dozen youthful college journalists and a couple pros, including some haggard photographers.

"This just seems way too formal," Ivins said as she stepped behind the podium. "Let's circle the chairs."

And just like that, the press conference turned into a classroom bull session with Molly playing the teacher. And let me tell you, she had a lot to say.

It quickly became evident that this woman is angry with a capital A. Angry about our presidential candidates, or lack thereof. Angry about the way campaigns are being run. Angry about the current inequality of economic distribution. And above all, she is angry about the faltering of American democracy.

Much of what she told us at the press conference spilled over into her lecture where she had faced a full auditorium whose crowd consisted half of students, and the rest were predominantly average middle-age, upper middle class women.

She went right on the offensive. It was obvious this Texan carries two loaded pistols and she knows how to aim.

First of all, she believes we should expect more from our candidates.

"Bob Dole feels a supply-side tax cut will solve all our problems. I wonder if that is a gimmick I smell. Doesn't anyone remember the billions of dollars the tax payers shelled out the last time we went down that road?" she asked.

Due to his age, maybe Dole doesn't remember that far back. Come to think of it, the last president that chose that road seemed to have a problem with his memory too.

She also noted Dole's tendency to attack Hollywood for causing social decadence.

"Let's face it, the public is buying this stuff. Hollywood isn't making us watch it," she said. I wonder where the Republican's ever-present argument of

letting the market rule, goes on this one.

"And then we have Clinton. Now, he is out touting school uniforms for students and that kids shouldn't smoke cigarettes. Boy is he stepping out on a line," she slyly noted. "How many of us don't agree with those stances?"

She thought it was unusual that the known racist and homophobic Pat Buchanan was the only candidate that was bringing up serious issues like NAFTA and GATT. Unfortunately, as she noted after one of his speeches, "Many people did not care for Pat Buchanan's speech; it probably sounded better in the original German."

She also felt that the two recent political conventions devoted a large segment of their time to victim tales or "chin tremblers" so as to attract women voters.

"How condescending. I believe women can see through these tactics," she trumpeted. The statement was met with a great cheer from the many women in the audience.

According to Ivins, one of the surest ways to make candidates "speak to us" is through campaign reform. One measure she spoke about was making it illegal to buy advertising time. All candidates should have equal access to the public's ear. Another problem she sees is the special interest groups who use PAC fronts to buy influence.

"I keep looking to the glorious day when we can get special interest money out of the campaigns," she said. "But we must have 'perpetual reform', because money will always find a way to gain power."

Human nature hasn't changed since humans have been humans.

Ivins also took time to address the recent Welfare Reform Bill that passed. She finds it a despicable measure.

"Why do we continue to blame the people with the least amount of power and influence for our problems? Some people see me as un-American or a communist because I feel there should be a more equal distribution of wealth. You know, it wasn't that long ago, in my lifetime in fact, that such topics were openly and legitimately discussed. All of a sudden I'm despised for it," she said.

"Politicians and the current Welfare system have one thing in common. Everybody hates them both. So, why do we let politicians decide the fate of the other?"

In her lecture, she devoted a little time to being a civics teacher.

"Democracy is getting weaker and weaker. This country is our deal. We decide where we go, what we do. Those people in Washington are just the bus drivers for four years," she ranted. "We are the heirs to the greatest political power ever handed to a people just because we were born here." Amen.

By just spending time with Ivins, one realizes that she is a bright, perceptive woman in a tough grandmotherly body. She has a divine gift for seeing through smoke screens and B.S., which comes in handy during this election. Certainly, she cares deeply about America. But most of all she cares about people.

While we were walking out of the press conference, I asked her if she was using this lecture circuit as a vehicle to further the cause of American democracy or just to pedal her books. She looked at me, hesitated for a moment, wondering at what I thought the audacity of the question. She gingerly nodded her head and gave an answer that Thomas Paine and Adam Smith each would have approved of.

"Both," she said. How un-American is that?

Kurt Kuban is a senior history major.

# Education needs more than promises, it needs priority

COLUMN

"It's strange that so little prestige is given to teaching in America." Sunny Decker, the author of *The Empty Spoon*, wrote in the 1960's, but it's funny how that is still true today.

I, as a student, have always had my head on cloud nine when it came to having some knowledge about our system of education, but I had a reality check one night when I was at my cousin's house. My cousin is a bubbly, outspoken, nine year old girl who attends an elementary school in Hillsborough.



By  
FARAH Z. REFAI

Because of cuts in their budget, the Hillsborough school system had to cut some of its programs, one of which was the gifted program. My little cousin was the first to express how disappointed she was, especially because she had been planning on joining the gifted program in the future.

When I heard the frustration in her voice, I felt my anger rise because I had noticed an increase of good programs being cut from my school as well. The "education problem" is not one of the system of education, it is one of the people both inside and outside this system. In recent years, I've heard so many politicians use the need to prioritize education as bait to reel in votes. But frankly, most of their promises, once elections were over, have been thrown back into the river.

A couple years ago when Mario Cuomo was running for re-election in New York, President Clinton chose to come up and give his fellow Democrat a hand. A little conference was held at the State University of New York—Albany to which a certain number of kids from elementary school on up through high school, were chosen to attend.

I was one of them, and as you can imagine I was very honored and excited to meet the President and the Governor. When the day arrived, we were pushed through boards of security before we finally came to our destination. As soon as we entered, I noticed how the room was set up. There were student desks placed right in front of the stage, while the media and other visitors were asked to sit in the back.

I slid into a chair about a foot from the stage. I was amazed when I saw both of them walk out onto the stage. No matter what has been said about a President or a Governor, it is always such an honor to meet such important figures in your lifetime. For most of the meeting, I watched Clinton and Cuomo look at a screen where presentations were being given by kids via satellite about the use of computers in the schools, their science projects and what they wanted to be when they grew up.

It was nice to see kids so excited about a chance to experience new things at their schools, but as I heard Clinton cheering in the background every time a kid successfully pushed "enter" on his keyboard, I wondered if it wasn't just like a football game he was cheering for. The whole conference seemed to have a certain pancake-sweet, sitcom-like feel to it. I felt an uneasiness that at some point led me to believe that I had fallen into one of the oldest political tricks in history. I wasn't surprised that both of them made promises to give so much more money to schools and students so wholeheartedly right before a major election.

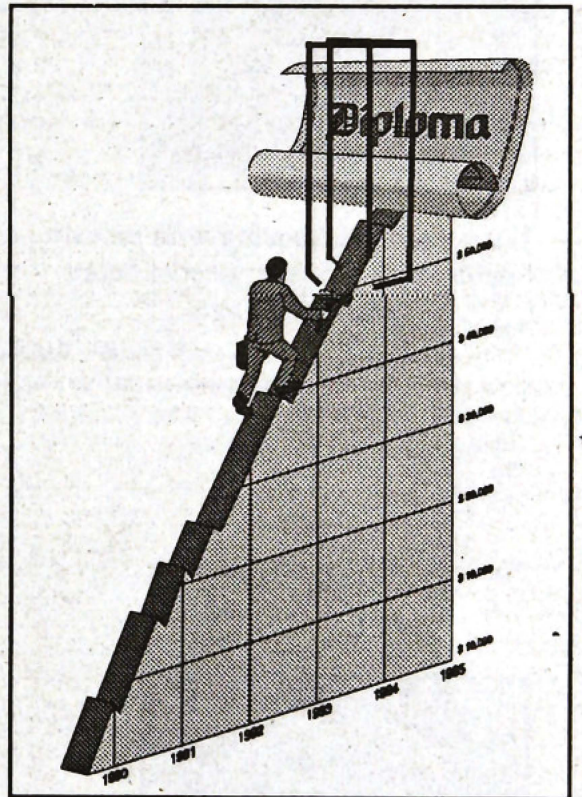
As I looked around, I felt like I was in political clown show. We had been set up just for the media, and for the first time I understood what people meant when they

said that politics was about getting down and dirty. Many of the students had been truly let down because there had been no time left for the students to express their views or ask questions of the President and the Governor about what they were actually going to do. God forbid they would have had to actually come up with something more convincing than this little gathering.

I am proud to say that we are the future. But we are so unimportant that we weren't even given the opportunity to be heard. Instead, we were used to get votes to win an election. There again had been the passionate speeches about giving our kids a brighter future and about teaching them responsibility and priorities in life.

But perhaps some politicians should read *All I Really Need to Know I Learned in Kindergarten*, because they are missing the simple lessons that were taught to them during their toddler years. Things like sharing everything, including responsibility for the future education of our children or remembering to play fair and not saying, "Oh I don't have to worry; I won't be alive then so it's their problem." It's not his problem or her problem it's *our* problem.

You may ask what responsibility? What about our responsibility to our kids? We have planned to solve almost every prob-



lem through education, yet when it comes to choosing between giving money to schools so that they can build bigger, less crowded buildings and keep programs like the one for gifted kids alive, or invading foreign countries to save our precious money-making resources, we'll immediately hesitate and ask to flip a coin. Most of the time it's a double-headed coin, and education, once again, gets buried under another pile of priorities we want to avoid.

We have billions, even trillions to spend on supplies that we never use and airplanes that have yet to meet the sky, but we don't have enough to buy more school buses so our kids don't have to sit in the aisles where it is unsafe. We don't have enough money to keep music and dance programs or to continue special education programs in our schools. We don't have money to pay our teachers without whom most of us would not be here today.

I'll tell you all a little secret. Way back when, I learned that if you want something to grow and bloom you have to water and nourish it. You don't cut the root by which it carries on its existence. If education is this root, then, sadly, I see a country beginning to become full of many dead roses. It may seem pessimistic, but the circle always comes back around.

Farah Z. Refai is a sophomore majoring in environmental science.



# CAMPUS VOICE

## What should UT's master plan include?



*We need more housing with private bathrooms. We also need a better student lounge.*

— Kristin Streck  
Junior, political science



*We need a track team and more parking.*

—Rick Rakestraw  
Senior, biology



*They need to hurry up and start remodeling.*

—Erik Rosenstein  
Freshman, marine biology



*We need sorority and fraternity housing.*

—Marta Murzynski  
Sophomore, finance and psychology



*We need fraternity houses.*

—William Wilson  
Freshman, marine biology



*We need to bring back the football team, and improve parking.*

—Taryn Dunigan  
Junior, fine arts



## Giddens, from page one

In order to find potential donors, the university has compiled a list of people in the local area able to give at that level and, if possible, to give annually. The list includes alumni and donors to other organizations in the area.

If there is no evident connection between the university and the donor, Giddens will try to establish one through face-to-face meetings or special events for donors and potential donors.

Giddens has extensive experience in the field of giving and university relations.

With the exception of the past eight years, Giddens had been working on a college campus for most of his life.

Giddens worked as the senior financial fund raiser for the Florida Symphony Orchestra for three years and as chief fund raising officer at Ruth Eckerd Hall for four years.

For eleven months he ran Ruth Eckerd Hall as the executive director. According to Giddens, he is optimistic when it comes to UT's future fund-

raising.

"I tend to look at the future and the chances that there are," said Giddens.



Dan Quayle sez,

FIKSHUN,  
POATREE,  
URT, and  
FOTOES  
STUPH!!!



SUBMHITT  
TWO  
KWILT!!!

BOCKS 2732

STOODENT YOONYOUN ROOM WON

## Study shows college students' sleeping problems

CPS—Tamara Hahn doesn't have time to sleep.

Hahn, a 20-year-old junior at the University of Illinois at Chicago, juggles a full classload, softball practice and a part-time job at a sandwich shop.

"During the [softball] season, I get no sleep," says Hahn, as she spreads mustard on a roast beef sandwich. "It's hard to go to classes sometime. It's hard to pay attention."

Weekends are a time to catch up on sleep, she says, although sometimes "I try to make up my sleep right after practice, but that's when I have to do work or study."

An increasing number of college students, like Hahn, are spending less time snoozing and more time feeling tired and listless, according to recent studies.

In a report in the journal "Sleep," scientists speculate that Americans today are less well-rested and feel worse than their parents and grandparents.

"The simple truth is contemporary Americans aren't getting enough sleep," said lead study author Donald Bliwise, director of the Sleep Disorders Center at

Emory University Medical School. "People prioritize all the time for work, family, nutrition, exercise and more."

The report compared the results of a mental health survey of 1,200 healthy adults living in the Midwest in the 1930s to those of 1,200 adults of comparable age, gender, area of residence and other factors 50 years later.

There is a surge in the number of people who report being fatigued, which indicates they've had insufficient sleep, scientists said.

Another study indicates that women college students, in particular, are more likely to suffer from sleep deprivation than their male counterparts.

An Elmhurst College study of 82 college undergraduates found that similar percentages of women (53 percent) and men (58 percent) said they required seven to eight hours of sleep each night.

Sixty-percent of the men reported getting in seven to eight hours of snoozing. But only 38

percent of the women students said they got that much sleep, and slightly more than half (51 percent) reported sleeping less than 6 1/2 hours per night.

"Students, particularly women students, do suffer from sleep deprivation," says Dr. Kathleen Sexton-Radek, chair of Elmhurst College's psychology department.

Women went to bed earlier during the week, but stayed up later on weekends than did men in the study. During the week, while about half of the men and women in the sample went to bed by 11 p.m., more than 20 percent of men reported staying up past midnight as compared to only 1 percent of the women.

But on weekends, the tables turn. About 40 percent of the men were in bed by midnight and 80 percent by 3 a.m. Only 20 percent of the women students were in bed by 1 a.m., and 60 percent by 3 a.m.

Women also were less likely than men to take a

nap to make up the difference and more likely to be up on weekdays by 8 a.m. than are men.

Many women said they try to catch up on their sleep on weekends. Nearly 40 percent of women reported not rising by 10 a.m. on Saturdays and Sundays, while only 26 percent of men slept beyond 10 a.m. on weekends.

"Napping and sleeping-in on weekends is counter-productive," says Sexton-Radek. "Napping behavior needs are complex. While the body craves sleep, the urge to sleep must be ignored to maintain a healthy, synchronized sleep cycle."

Sexton-Radek says one of the most important habits for a good sleep cycle is to go to bed and get up at about the same time each day.

"This will give you a consistent rhythm and will synchronize your biological clocks," she adds.

Almost all, 77 out of 82 students, reported needing alarm clocks to wake up. About 20 percent experienced insomnia at times, they said.



DRINK SPECIALS EVERY SUNDAY, "HAIR OF THE DOG" DAY

LADIE'S NIGHT ON TUESDAY 9-1 AM

DRINK SPECIALS FOR LADIES EVERY TUESDAY NIGHT

NOW OPEN

Entertainment  
Discount with any  
University I.D.



123

From 11 am

Local Artists  
Welcome!

123 Hyde Park Blvd. across from U. of Tampa  
call: 253-2771

Imported and Domestic Beer © Cappuccino © Espresso  
Cigars © Snacks © Fine Conversation

RIGHT NEXT TO THE CAFE EUROPEAN



## Committee, from page one



The program being proposed will focus on all areas of physical therapy, and the director will be someone who has no current teaching ties to UT. According to Ross, the search for a prospective director with a Ph.D. in physical therapy will be nationwide or international.

"We looked at how a student could major in various programs, and enter the masters program," Otto said.

According to Sclafani, President Ronald Vaughn has amassed money totaling \$150,000 for the start up cost and is still trying to accumulate more funds. The sources of those funds are from private foundations, and their identities are being kept under wraps.

The committee studied all nine of the schools in Florida that provide physical therapy programs. Barry University, Florida A&M University, Florida International University, Nova Southeastern University, University of Central Florida, University of Florida, University of Miami, University of North Florida and the Institute of Physical Therapy.

Also being taken into consideration for the program is the 100% employment rate reported by the Barry University, UF and UCF.

Other committee members include David Ford, professor of chemistry, Kim Morris, athletic trainer and visiting professor Earl Simendinger, professor of management. Along with the committee members, two consultants were brought in to work on a curriculum.

According to Otto, their findings were combined with that of the committee's for the final report.

The curriculum will be reviewed by committee members in a couple of weeks. "The committee has worked hard. We believe that the proposal is fair and objective. Whatever the faculty decided we are ready to have it," Sclafani said.

If the program is accepted, it will be located in the Russell Building, located on the south side of the Bob Martinez Sports Center. Two new labs will be built and new equipment will be purchased.



## College crime becomes priority

**CPS**—The U.S. House of Representatives unanimously called on the Department of Education Sept. 11 to step up enforcement of federal regulations that encourage accurate, open reporting of crime on college campuses.

The resolution, which was approved 413-0, calls on the Department of Education to make monitoring and compliance with the law a "priority" for colleges and universities. The resolution followed a June congressional hearing at which safety advocates and lawmakers criticized the department for lax enforcement of the 1990 Campus Security Act.

"If campus crime is not a priority, it will be soon," said Rep. Howard "Buck" McKeon, R-Calif., chairman of the House Subcommittee on Post-Secondary Education and Training and a sponsor of the resolution, H.R. 470.

The resolution is not binding, but McKeon and other lawmakers said they will consider more far-reaching requirements if the Department of Education does not respond to the House request.

The 6-year-old Campus Security Act requires colleges to collect annual information on murder, forcible and non-forcible sex offenses, robbery, aggravated assault, burglary and motor vehicle theft and distribute a report to the public. Colleges also are to provide timely warning to students about potential threats on their campuses.

Nearly all colleges provide an annual report, but Education officials have never reviewed or compiled the data, citing a lack of funds and staff. The department also is a year late in sending a congressionally mandated report on campus crime to Congress.

Safety advocates and press organizations also say many institutions regularly underreport crime information.

"The Campus Security Act of 1990 is not working," said Mark Goodman, executive director of the Student Press Law Cen-

ter. Based on his work with student newspaper editors, Goodman said he believes "the majority of schools routinely under report the number of serious criminal incidents that occur on campus."

Much of the under reporting occurs because crimes reported to deans of students and other administrators are not reported to a college's public-safety office that compiles the annual study, advocates claim.

The resolution drew support from both sides of the political aisle, with conservatives who usually oppose government intervention agreeing with the need to increase enforcement.

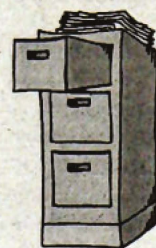
"Students should be worrying about exams and term papers, not their personal safety on campus," said Rep. Phil English, R-Pa. Rep. Elizabeth Furse, D-Ohio, added that students, faculty, staff and the surrounding community "have a right to know" accurate crime rates.

The chairman of the House Economic and Educational Opportunities Committee also threatened more action if the Department of Education does not take the resolution seriously.

"If you do not enforce [the Campus Security Act], we will find ways to make sure you do," said Rep. William Goodling, R-Pa., who helped guide the Campus Security Act through Congress six years ago.

Aides said Congress could tackle wider reforms next year when it reauthorizes the Higher Education Act, the federal law that governs most federal programs affecting colleges and universities. One option under consideration is requiring colleges to maintain an open daily public log listing the time, date and location of campus crimes and any arrest information.

Nearly 40 lawmakers already co-sponsor this plan, known as the Open Campus Police Logs Act. The House held a hearing on this bill in June, though no action is expected until next year.



## Police Beat

On Friday, Sept. 13, at 4:15 p.m., a red 1996 Honda Accord was stolen from the parking lot of Tampa Prep. UTCS could find neither witnesses nor evidence.

On Monday, Sept. 16, at 10:30 a.m., a VCR was reported missing from a room in Plant Hall. The VCR had been stored in a closet.

On Tuesday, Sept. 17, at 5:30 p.m., a red 1995 Ford Thunderbird was reported as having been hit by a car, while parked. The assailant had fled before anyone noticed. The automobile was parked in the ResCom parking lot. A small dent was found on the left back panel. There were paint marks on the Thunderbird, and UTCS suspected the other vehicle might have red paint on it.

On Wednesday, Sept. 18, at 12:15 a.m., a male reported that there was smoke in the cafeteria and the alarm was going off. UTCS called 911. When firemen arrived, they searched the building but were unable to find the source of the smoke.

At 1:55 a.m., the odor of marijuana was reported in McKay Hall. UTCS went to the room from which the odor was coming, and knocked on the door several times. Nobody answered. Just before the RA was about to key in, a student opened the door. When asked if there were any illegal substances in the room, the student said there weren't. The students were asked to step outside while UTCS searched the room. As they exited, one student appeared to put something in his pocket. UTCS saw this and asked the student what he had put in his pocket. The student refused to answer. UTCS asked the student to empty his pockets. He refused. An officer stuck his hand in the student's pocket and retrieved a small brass pipe. The pipe was warm and contained marijuana residue. Upon searching the room, UTCS found a total of nine pipes of brass, glass and wood. UTCS also found an 18-inch long bong, a 24-inch long bong, a "bedtime smoker", an exacto knife with residue on the blade, a measuring scale, six miscellaneous pipe parts all with residue, a pair of

forceps with residue, a pack of rolling papers, three packs of screens, a salt shaker containing approximately a gram of marijuana, a film container with marijuana inside, a wooden container with marijuana inside, a small porcelain pipe painted to look like a cigarette and a plastic baggy containing over 15 grams of marijuana. UTCS notified the Tampa Police Department of the situation.

At 2:45 p.m., a female student fainted in her room in Delo Hall. Her roommate called UTCS. The student was taken to Tampa General Hospital.

At 3:50 p.m., a female student in ResCom reported her clothes had been stolen from a dryer. The items reported stolen included numerous pairs of undergarments and three pairs of pajamas. The clothes were from Victoria's Secret and estimated to be worth approximately \$300.

At 10:45 p.m., the odor of marijuana was detected on the third floor of Howell Hall. UTCS found the room in question. They knocked on the door, and the student opened it halfway. A towel was under the door and incense was being burned. The student was very cooperative and handed over the marijuana. TPD was notified.

On Thursday, Sept. 19, at 7:15 p.m., a male student reported he was receiving harassing phone calls. He reported between 15 and 20 calls in a two-hour period. The calls were from a female breathing heavily and laughing. The student described her voice as "dainty."

If you notice any suspicious activity on campus, call UTCS at ext. 3333.



BY  
BRAD  
GOLDSTEIN



## A CALL FOR ARTISTS



Art contest! Entry Fee: \$25

Open to all artists internationally, 18 years or older.

All finalists' work are exhibited in the prestigious Landmark Museum Center in St. Paul, Minnesota.

All winners also exhibited in Hawaii! Numerous awards.

For free details, send SASE to Planetary Renaissance, 7964 Brooklyn Blvd., #3930, Brooklyn Park, MN 55445

**What's news?**  
**Let us in on the scoop!**  
**The Minaret**  
**Box # 2757**  
**Fax # 253-6207**



# Gingrich visits Tampa to support Sharpe and Dole

By DAN SHOCK  
Staff Writer

Speaker of the House Newt Gingrich visited Tampa to raise funds and rally support for Republican candidate Mark Sharpe in his bid for the 11th District Congressional seat. The seat was previously occupied for 34 years by retiring U.S. Rep Sam Gibbons.

Sharpe faces the winner of the Democratic runoff Oct. 1 between state Rep. Jim Davis and former Tampa Mayor Sandy Freedman.

Less than three miles from the University of Tampa, a handful of voters stood on the corner of West Shore and Kennedy Blvd. They waved signs reading "I Love Newt" as cars honked in response.

The luncheon that followed the press conference consisted of a collection of Republicans, including former Florida Governor Bob Martinez, Tampa developer Al Austin and Outback Steakhouse founders Bob Bashum, Chris Sullivan and Tim Gannon. All came to lend their assistance to Sharpe's campaign.

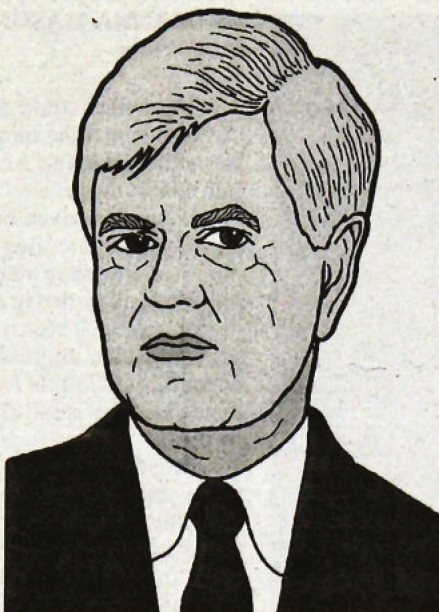
The rest of the 400-plus attendees con-

sisted of state representatives, council men and women and two visiting dignitaries from the Turq and Caicos islands.

Students from various Florida universities volunteering for Mark Sharpe and his party also attended. Many earned college credits.

"Now is the time for college students to step up and get involved with who is shaping our future," said University of South Florida junior Margie Howell.

"Young people need to think of the future," said Betty Hollander, a Gingrich supporter with an MBA in social work. "I have seen what is happening to young couples financially and it's frightening to think what



Party leaders before and after Gingrich commented that negative media coverage has given the Speaker an undeserved image among the public.

tomorrow will bring ... if Clinton is re-elected."

Since becoming the Speaker of the House, Gingrich's aggressive enactment of legislation has created some disfavor with the general public.

Sharpe's fundraiser raised over \$100,000.

The crowd paid \$250 a plate to see Gingrich at the Sheraton Grand Hotel. They gave him standing ovations in response to his attacks on the democrats and the media.

"We pinch pennies in Washington so we can lower taxes in Tampa," said Gingrich.

"Do we have the nerve to stop the epidemic of drugs and violence in this country?" Gingrich went on to say that Clinton and the Democratic Congress gave Americans the largest tax hike in history as well as allowing teenage drug use to double.

"Young lives are being destroyed by drugs and we need to stop it," said Gingrich. Gingrich will sponsor a new bill to Congress outlining his strategy for ending the drug problem.

If the bill succeeds in becoming law, a first time offender convicted by a jury of transporting commercial quantities of illegal drugs over American borders will receive a mandatory life sentence with no parole. A repeat offender or "professional drug-dealer" convicted of transporting commercial quantities into our country will be given a mandatory death sentence.

Gingrich said that with Dole's election the drug and violent crime problems would be shut down.

## Students, from page one

and Catering by the Family were looking for students to fill positions needed for extra help.

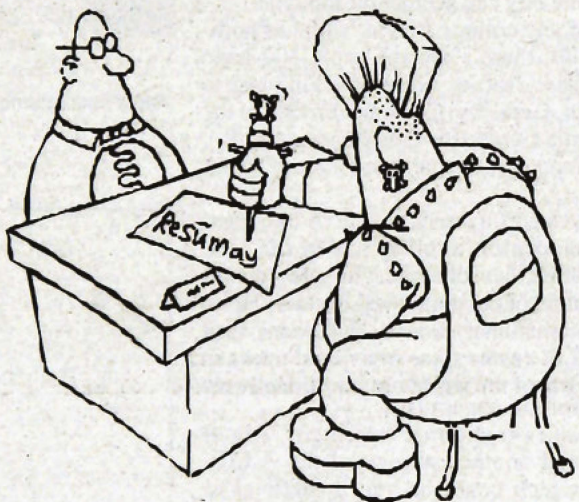
"Our offices are so busy that we need extra help with phones and clerical work. This provides experience to learn about the company," said Paula Padgett from Enterprise.

"We have very flexible hours. We work with your schedule," said Deboarh Pagan, recruiter for Catering by the Family.

"I was looking for on campus employment, but there wasn't any," said freshman Melissa Sanborn.

Job Fair flyers did not state whether there would on campus employment displayed or not. When asked, the Career Service office said that the Financial Aid Department handles on-campus employment.

"I found the people very helpful and



friendly," said one student. Other students said, since they had no transportation, it was a good thing many businesses brought applications with them, otherwise they probably would not have applied.

## Yale assists Bosnian library

CPS—Although little-known by students, Yale University's Sterling Memorial Library's Slavic Reading Room is playing a major role in rebuilding the culture of war-torn Bosnia.

Curator Tatjana Lorkovic is quietly leading a Yale effort to reestablish the Bosnia Herzegovina National Library from Yale's cloistered fourth-floor reading room.

Serb shelling in the early phases of the war in Bosnia devastated the library, leaving only the shell of the beautiful hundred-year old pseudo-Moorish structure.

As a Fulbright scholar, Lorkovic once gave a lecture at Vijecnica, as the library is known in Serbo-Croatian. The news of its destruction devastated her.

"I got sick to my stomach," Lorkovic said. "Normally, I'm very healthy and stable. When I got home and saw Vijecnica burning on television, I was profoundly disturbed."

The artillery barrage and subsequent fires destroyed the 1.2 million books, 600,000 serials, and thousands of miscellaneous documents that formed Bosniaca, the tremendous body of works devoted to or published in Bosnia. Shreds of paper filled the Sarajevo air for days after the attack.

Hoping Yale could help the Vijecnica rebuild, Lorkovic turned to Chief Librarian Scott Bennett for assistance and found a sympathetic ear.

"As a librarian, it is really heart-wrenching to see a library of such international and cultural importance destroyed," Bennett said. "We felt we had to do whatever we could to help. We have a lot of books we don't add [to Yale's] collection that we can ship to Sarajevo that would be

useful to them."

Working jointly with Harvard University's library system and the Library of Congress, Lorkovic is assembling a bibliography of Bosniaca.

All three institutions are sending copies of their books and documents to Sarajevo through the Sabre Foundation, which distributes books throughout Eastern Europe.

The Harvard University Press has taken the further step of shipping two copies of every book it publishes to Sarajevo. Lorkovic and Bennett are trying to persuade the Yale University Press to send its publications as well. Bennett is very enthusiastic about the program.

"We have a major interest in Eastern Europe, and we want to do what we can to cultivate deep relationships there," he said.

As part of that effort, Munevera Zeco, a librarian at Vijecnica who witnessed the destruction of the library, interned in the Slavic Reading Room and investigated ways to use Yale's collection to restore Vijecnica.

Zeco was enthusiastic about the program. "It's very important," she said. "We need [these books] in Sarajevo."

Zeco also contributed to work leading to the delivery of children's books and dictionaries to the library soon after the siege of Sarajevo ended late last year.

Despite their achievements, some in the project remain pessimistic.

"We won't be able to write the history of Bosnia," Lorkovic said. "The primary materials were wiped out. The people of Bosnia have no libraries or books to support them."

"It's an absolute tragedy."

## Howard Hughes Medical Institute Predoctoral Fellowships in Biological Sciences

### 1997 Competition

80 fellowships will be awarded for full-time study toward the Ph.D or Sc.D. degree in cell biology, genetics, immunology, neuroscience, structural biology, biostatistics, epidemiology, or mathematical biology.

### Fellowship terms, effective June 1997

- Three-year initial awards, with two-year extension possible
- \$15,000 annual stipend
- \$15,000 annual cost-of-education allowance

### Eligibility

- Less than one year of post-baccalaureate graduate study in biology: college seniors; first year graduate students; M.D., D.O., D.D.S., D.V.M., students or professionals
- If an M.D./Ph.D. student: not in a funded program
- No citizenship requirements: U.S. citizens may study abroad; others must study in the United States

### Schedule

- Application deadline: November 15, 1996
- Awards announced: early April 1997
- Fellowships start: June 1997–January 1998

### For Program Announcements, Eligibility Guidelines, and Applications

Hughes Predoctoral Fellowships  
National Research Council Fellowship Office  
2101 Constitution Avenue  
Washington, DC 20418  
Telephone (202)334-2872  
Fax (202)334-3419  
E-mail <infofell@nas.edu>  
<http://www.nas.edu/fo/index.html>

The Howard Hughes Medical Institute welcomes applications from all qualified candidates and encourages women and members of minority groups to apply.

## American Collegiate Poets Anthology

### International Publications

is sponsoring a

## National College Poetry Contest

--Fall Concours 1996--

open to all college and university students desiring to have their poetry anthologized. CASH PRIZES will go to the top five poems:

\$100	\$50	\$25	\$20
First Place	Second Place	Third Place	Fourth Place
			\$20 Fifth

AWARDS of publication for ALL accepted manuscripts in our popular, handsomely bound and copyrighted anthology, AMERICAN COLLEGIATE POETS.

Deadline: October 31

INTERNATIONAL PUBLICATIONS  
P.O. Box 44044-L  
Los Angeles, CA 90044



# Crash course for freshman survival offered



Ariel Corbett likes the booming social life.



Jossie Gerena is comfortable at Smiley Hall even though she misses her bathtub.

By DEANNA MASON  
Staff Writer

The sound could be heard clear across campus. It was the more than 400 new UT freshmen breathing a collective sigh of relief. They deserve to be glad. After all, they've just survived one of the most difficult parts of a college career—the first month of freshman year.

Now, all settled in and beginning to feel more at home, it seems that UT has made a very favorable impression on the new students. Africa Gaston, from Heidelberg, Germany, said the small classes were her main reason for coming to UT.

Michelle Lougee, from Boston, said that she likes UT, but "it's more cliquey than I thought it would be." That's a complaint usually heard from the upperclassmen. In spite of that she is enjoying the on campus social life.

The new students are finding plenty of activities. Ariel Corbett, a new member of Delta Zeta, said the social life is definitely booming.

Opinions about the city of Tampa are as varied as the students. Alicia Rinki, from a small town in Massachusetts, is enjoying the city because there's so much more to do than in her hometown.

But for those who came to Tampa from larger cities, like Chantilly Lodewijks, a transfer from the University of the Netherlands, the city can seem a bit too quiet.

For any college student who has nothing to do, there's always some 300-page textbook to read or nerve-wracking test to study for. Geraldine Cochran, director of the Academic Center for Excellence (A.C.E.), said tutors don't usually see a lot of freshmen.

She said this may be due to the negative connotation tutoring has in the U.S. Many think that someone who goes to a tutor is stupid or not doing well in class. However, international students, Europeans, visit the A.C.E. center since individual tutors in other parts of the world are traditionally reserved for the upper class.

Besides traditional tutoring, Cochran mentioned another service of the A.C.E. center which could be very beneficial to freshmen. There are some specially-trained tutors who offer one-on-one assistance with specific test formats, such as multiple-choice or essay questions. Help like that is worthwhile for freshmen who are worried about the differences between exams in high school and those in college.

If the freshmen aren't taking advantage of the academic assistance at UT, they're becoming involved in the seventy-plus organizations which exist within the UT community.

Pamela Bracken, director of Student Activities, said 76 men rushed the four fraternities, and 51 women rushed the five sororities. Both are records.

Besides the Greeks, other campus organizations have benefited from the increased freshman population. New students are joining everything from the basketball and softball teams to Dance Expressions of the Nineties and the Christian Student Union.

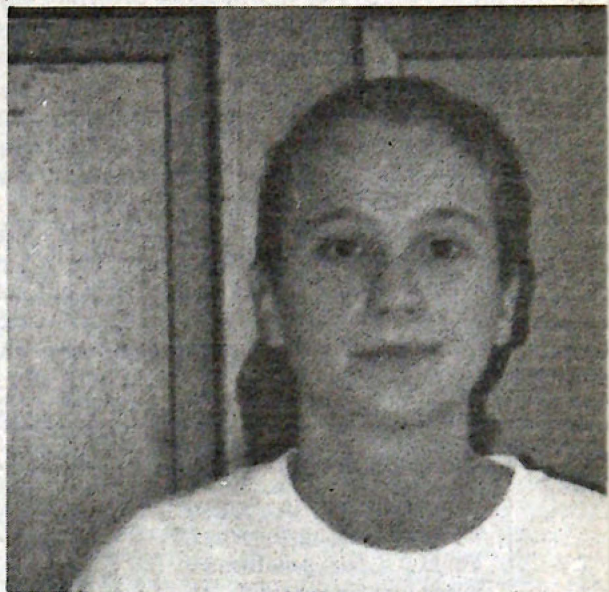
Many freshmen have realized that getting involved with UT's organizations helps in adjusting to a new life by providing some fun and lots of new friends. Freshman Jossie Gerena, said that one of the best things about her first month at UT has been learning a lot of new things and meeting new people.

They've also found that their own dorms are great places to make friends. After all, when you're feeling homesick, who's better to whine to than your very own roommate? But now that the first wave of loneliness is past, the new roommates can concentrate on having fun.

Laurinna Lewis, a freshman from upstate New York, said she feels right at home in Howell Hall, "Everyone's just great on my floor." Gerena said she feels comfortable in Smiley. Her only complaint is that she doesn't have a bathtub. But life could be worse. Gaston has to contend with the communal bathrooms in McKay.

So, their lives away from home aren't perfect. But they made it through the first month on their own. And it won't get any harder than that.

So their lives away from home aren't perfect. But they've made it through the first month on their own. And it won't get any harder than that.



Alicia Rinki came to UT because of the small classes and W



## Fresh night



# rs hints, hope for new campus arrivals

By COLLEEN DeBAISE  
College Press Service

IOWA CITY— For 18-year-old freshman Sharon Monaghan, the adjustment to campus life at the University of Iowa has been close to trouble-free.

Except, "I forgot my robe," she said. "I'd really like that." Also, she'd like a laundry bag.

The toughest part for her, she says, is getting used to the academic demands of college.

"It's a lot more work than high school," said Monaghan, who plans to major in biochemistry.

"I feel like a dork. I come home, do work and then I go to bed by nine. I'm just kind of waiting for the homework to pile on."

So far, she gets along well with her new roommate, and they've lofted their beds to squeeze a couch into their tiny dorm room. And she's not too homesick.

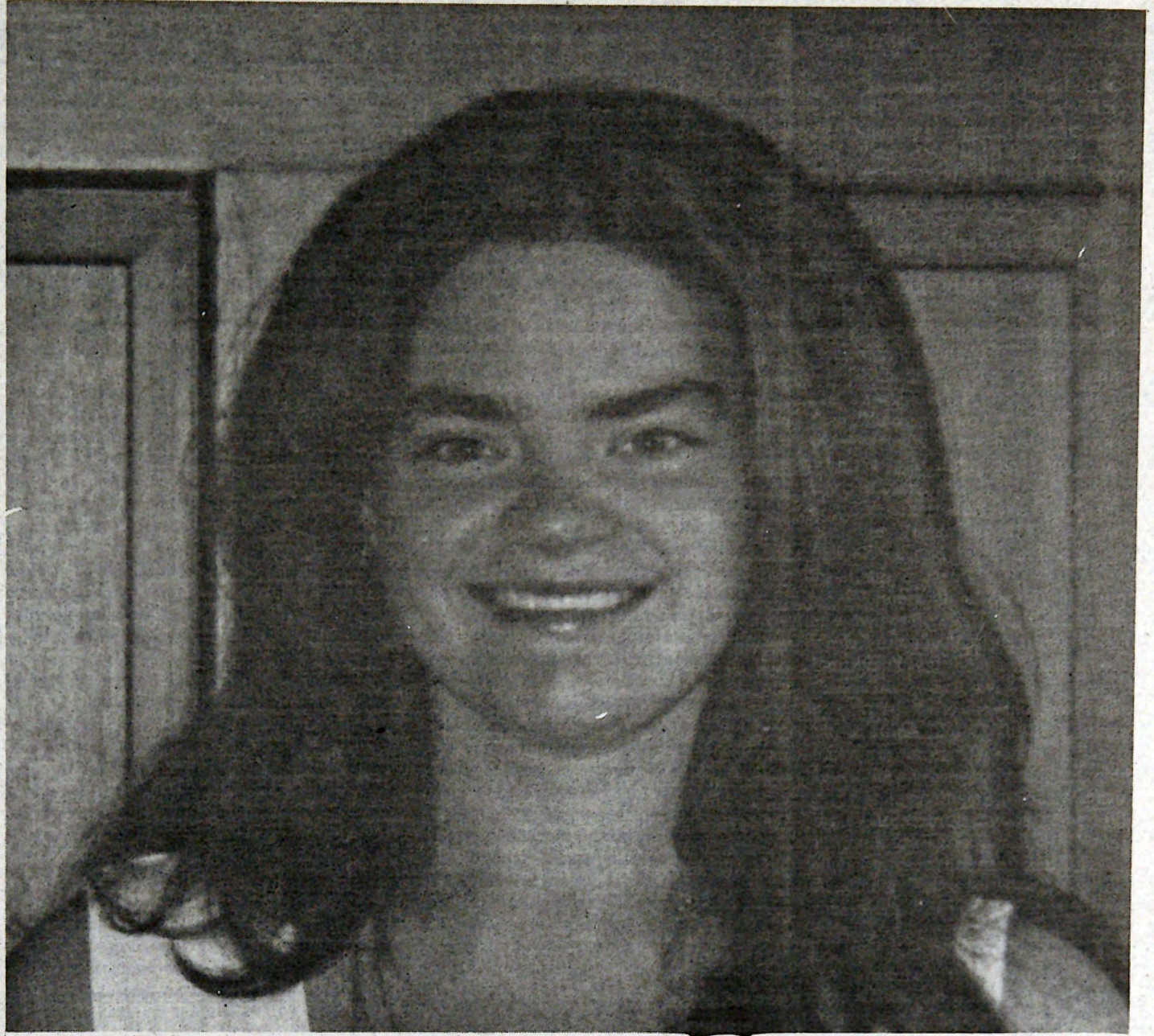
"You think about going home, but all your stuff is here," she explains. Being away from home. Coping with studies. Dealing with roommates.

Those are just some of the concerns that nearly every incoming freshman has during the first few weeks on campus.

A number of publications—many written by recent grads—offer helpful tips on surviving campus life.

They list tips on how to manage with the "roommate from hell," how not to gain the "Freshman 15," and how to keep in touch with Mom and Dad.

For instance, Joe Turton, a 1994 graduate of Denison University in Granville,



Shannon Whitaker—The Minaret

Laurinna Lewis, from upstate New York, likes the culturally diverse atmosphere of Tampa and the friendly dorm life at Howell Hall.

Ohio, recently wrote "My Freshman Manual: The Official College Handbook."

At Denison, Turton was a psychology major and an athlete, and he describes himself as "someone who recently has been in the trenches and is willing to share these lessons with others."

"If I had known all the things I included in the book beforehand," Turton said, "I would have avoided many problems myself."

Here's his advice for college freshman:

- Get a phone card for calling home. It will save you a lot of money, and you won't have an excuse for not calling the parents.

- When you fill out your maintenance room report at the beginning of the year, mark every single detail, as well as a few extra. School fines can be outrageous for very small damages to your room.

- Buy an alarm clock that has a battery back-up. The power always seems to go out in the middle of the night.

- Get to know the professors in your major department. Letters of recommendation are very useful when you are looking for a job.

Following those "rules of thumb" will help alleviate the stress of freshman year, Turton said.

Melanie Sponholz, a 1993 graduate of Drew University in Madison, N.J., and her husband, Joseph Sponholz, a 1994 grad of New York University, offer their advice to freshman in "College Companion: Attaining Academic and Social Nirvana."

The book, recently published by the Princeton Review, was written because "facing life in a pantry-sized dorm room with a total stranger might not be the easiest of situations," according to the 25-year-old authors.

They lace the book with real students' stories gleaned from interviews they conducted with current college students, and commentary drawn from the Princeton Review's surveys of more than 56,000 college students.

First off, the Sponholzes offer these tips for incoming freshman:

- Take care of money matters. Open a

saving and checking account with a local bank, but shop around for the best fees. Some banks require students maintain minimum balances; others tack on charges for using automatic-teller machine cards at machines not owned by the bank.

- Have a "ground rules" chat with your roommate. You'll each be glad you took the time to work out a plan to accommodate each other's study, sleeping, eating and CD-blasting habits.

But, "don't be a dork about this," the Sponholzes warn. Instead of handing your roommate a typed list of suggestions, have lunch together and talk about how you both like to live.

Once a freshman has settled into classes and dormlife, a whole new set of problems can arise, according to the authors.

Melanie Sponholz bases her advice on her two years as a resident adviser at a Drew dormitory. Joseph Sponholz's perspective comes from his years as an NYU "frat guy" and intramural athlete. Their tips are:

- If you have the "roommate from hell," give it some time. During orientation week, you and your roommate might spend 24 hours a day with each other.

But once the school year starts, you'll most likely have separate classes and activities to give you some space. Soon, you'll meet other people, and you can hang out in their rooms.

"It's also important that you and your roommate talk about every problem as it occurs," the Sponholzes advise. "This way you'll avoid a bunch of little arguments creating a huge blowout between you and your roommate."

They note that sometimes, the situation is really bad. In the worst cases, your roommate might be the resident drug dealer or sports bookie. That's the time to turn to your college's resident support staff.

"You don't have to handle every problem that arises during college life alone," the authors write. "When you feel that you legitimately need help in rectifying a serious problem, don't hesitate to go out and get it."

- To avoid the Freshman 15, don't lin-

ger over your meals with your friends; you'll just eat more than you really wanted. If you want to hang out for a while, defeat the munchies by making yourself a cup of tea, and keeping both hands on your mug.

Entenmann's chocolate chip cookies for dinner is a bad thing. Don't keep tons of junk food in the dorm room.

- Lock your dorm room. "When you're out, there's always the potential for some criminal moron to come into your room and take your clothing, jewelry, money, etc.," the authors warn. "Theft on campus is not some rare occurrence. It happens all the time."

Also, for your own personal safety, lock your dorm room when you're in it.

- Use the buddy system. "Yeah, we know this is kind of silly, but it is safe," the Sponholzes write. Take someone with you, whether you're out jogging, studying, walking around campus late, going to a party or going off campus. After all, there's safety in numbers.

- To deal with stress, try writing down everything that you need to do, then prioritize the list. And know your limits. If your list becomes 30 items long, maybe you should try cutting back on your extracurricular activities, or maybe there's a class you can drop and take another semester.

- Keep an open mind when it comes to your hometown honey. "We're smart enough not to tell you what to do about your relationship," the Sponholzes write. "One thought though: Follow your instincts, and keep an open mind."

In other words, if you feel like the romantic relationship that you're in is something you're ready to work hard to maintain, then go for it.

But if you change your mind a few months down the road, then don't cling to your decision like a lifeline.

On a lighter note, the authors also fill the book with ways to host and crash parties.

"Don't let anyone tell you that having fun isn't one of the central purposes of going to college," say the Sponholzes.



man  
nares



# Alumnus teaches in the master of nursing administration program

By Milner Benedict III  
Staff Writer

One way to determine whether studying at a university was a good experience is to see if he student returns. Lee Schmidt, a UT graduate now teaches as an adjunct at our university. In the Spring of 1994, Schmidt entered the master of science in nursing degree program as an administration major. He graduated in August of this year and now teaches at UT as an adjunct instructor in the department of nursing.

Schmidt remembers why he decided to study at UT, "I originally went into the program because administration was my area of interest, and for the previous eight years I had worked in nursing administration."

While studying in the graduate program, Schmidt worked full time at Tampa General Hospital. "Originally, I managed the open heart unit there. Then, in Jan. of this year, I moved to human resources."

People might assume that earning a bachelor's degree is the most important prerequisite to pursuing a master's. Schmidt did earn a bachelor of science in liberal arts, yet said, "Certainly the bachelor's degree was important. Perhaps equally important was my experience in nursing administration. Pursuing a master's in nursing administration was a logical step in progressing through my career goals."

Schmidt pointed out several aspects which helped him in achieving his

academic goal. "UT has a strong nursing faculty which has an 'open door' policy."

That makes it very pleasurable to study here, and there are a number of adjunct faculty who teach in the program.

This is helpful because they bring their real life experiences into the classroom. So, students of the program have access to not only the theoretical, but the practical, showing them how to apply their knowledge."

Schmidt also noted that the integration of business courses into the curriculum is helpful in that students get a firm grounding in the business world, as well as in nursing.

Schmidt said, "The staff professors really take an interest in the students doing well, academically." Because of the small class size, students become fairly close, and in turn become a good resource for getting help in subject areas," said Schmidt.

Schmidt said he was motivated to do graduate work in nursing because, "I realized, as time went on, the value of a graduate education, especially in the health care system."

There is a projected shortage of graduate prepared nurses in our changing health care system."

Schmidt described his experiences in UT's MSN program as a very positive experience. The integration of business and nursing, the small class size and in general the kind of professors he had all came together to provide a great experience. "I highly recommend the program to those students interested in earning a master's in nursing for these reasons," Schmidt said.

Schmidt's advice for graduate students entering the program for the first time is to be committed to completing the program.

He said, "Graduate education is a lot of work and you have to be committed to learn-

ing. Although I would qualify 'a lot of work' by saying that the work itself is satisfying as one moves through the learning process."

There is a lot of independent work involved in the program. Schmidt said the courses in the MSN program had projects which the students either did in groups or individually. These projects are guided by the content of the course material. Schmidt said, "I completed a thesis, which is original research I conducted under the guidance of several members of the nursing faculty who made up my committee."

In Jan. of 1996, Schmidt started his thesis as part of his degree requirement. In June of 1996 he completed the thesis and successfully defended it with honors before a committee made up of three professors from the nursing department in June of 1996.

Schmidt said, "The professors who made up the committee essentially guide you through the research process." Entitled, *Role Strain and Job Satisfaction in Registered Nurses*, his work looks at the multiple roles of a nurse—spouse, parent, student, teacher and worker—and the effect the strains of those multiple roles have on a nurse's satisfaction with their job.

Schmidt said, "This topic has not received a lot of attention in nursing literature. But, it is a very relevant topic for inquiry. Job dissatisfaction can lead to turnover, and that is very expensive to the organization. I plan on continuing the same line of research for my doctoral work, and ultimately, I plan on publishing the results."

Schmidt said the importance of a master's in nursing administration is that it opens doors to employment opportunities.

Schmidt said, "The trend is that ad-



Milner Benedict — The Minaret

**1996 graduate Lee Schmidt is now an adjunct in the masters in nursing program.**

vanced registered nurse practitioners need to have a master's degree. In nursing administration, the master's is increasingly more important if you want to move into a managerial role."

Schmidt is a member of a number of nursing organizations, including the Florida Organization of Nurse Executives, and the Florida Association of Health Care Recruiters, which deals with work in human resources. "Being in these organizations keeps you current as to what is happening in the nursing profession around the state and nation."

This semester Schmidt is not only working at Tampa General Hospital as a consultant in human resource in addition to his adjunct duties at UT

## Ethel Shaw, the name behind the voice of UT

By ARTHUR NELSON CAPONE  
Staff Writer

These days, asking a telephone operator questions is like asking your kitchen stove who it's voting for in the presidential election. You shouldn't be disappointed by silence, and you should always be apprehensive in asking.

However inaccurate, our longstanding national image of telephone operators is a derogatory one. We picture 400 women in a windowless room sitting behind a monstrous switchboard, its length measured in kilometers. The women breath in each other's carbon dioxide exhalations; exhaust fans fastened to the walls serve an arboreal purpose. Their foreman buys them crullers and Boston Creme filled dough balls to snack on during their twenty-three and a half hour shift, causing chronic constipation and sluggishness. We, the callers, see ourselves as dispised and often decide to hang up because the telephone book is closer than we thought. The operator stays faceless, nameless, vengeful of anyone with access to the light of day.

Ethel Shaw, head campus operator for UT, subscribes to none of this mythology. She actually enjoys life, is happy, productive and stays away from pastries as much as possible. And if you don't know who Ethel Shaw is, you obviously don't attend UT.

Between every class, Shaw sits in her station near the mail room and engages lovingly in sign language with hundreds of UT students through a plexiglass window. She knows what every student is going through because she both cares and inquires.

"I like to be happy and friendly, even though I'm a private person," said Shaw. She allows students to sit with her in the switchboard station and discuss anything they want, playing the mother hen in a coop she can always get out of.

Her stylized attitude is what makes her a truly brilliant operator. She knows every single number on campus by heart, all 500 or so extensions. She's the only operator who uses a headset,



Shannon Whitake—The Minaret

**Ethel Shaw, the first contact most have with the school, was recognized for her service.**

since she "talks with her hands." She notes, "I've had many accidents because of my hand gestures. It's dangerous to keep liquids around the switchboard. It's a mad rush to try and stop spills before they damage something electric, thereby electricuting me." Her voice is consistently soothing and sweetly human, unlike those impersonal robotic voice recordings you hear when put on hold, which take the place of codeine-induced waiting music like Christopher Cross's "Sailing" or Paul Anka's "Having My Baby."

Her voice brings out the politeness most of us refuse to expose unless we're paid to.

This makes Shaw a powerful person, especially since she's in the business of talking her way into paycheck after paycheck.

She was born in South Carolina to two hard working parents who decided to move to Ohio when Shaw was a toddler because of the racial oppression in the South. "I was called the 'Knee Baby' because when family pictures were taken, I was the child that would be placed on my mother's knee. My brothers stood tall in the background," said Shaw.

Shaw graduated from high school and went straight to work as a telephone operator for various hotel chains, and moved down to Tampa with her now ex-husband, whom she affectionately labels, "The Dummy." Her talents were discovered while she was working at the Hyatt downtown.

"Beth Crawford (former UT communications director) was my supervisor when she got the job here, and when she told me that the UT campus operator was retiring, I joined up," said Shaw.

## WTVT 23 September Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00	STUDENT	STUDENT	STUDENT	STUDENT	STUDENT
9:30	PROGRAMS	PROGRAMS	PROGRAMS	PROGRAMS	PROGRAMS
10:00	BURLY	WALK	BURLY	BROKEN	BURLY
10:30	BEAR	IN	BEAR	ARROW	BEAR
11:00	WATER	THE	WATER		WATER
11:30	CONSERVE	CLOUDS	CONSERVE		CONSERVE
12:00	UNDER THE	UNDER THE	UNDER THE	UNDER THE	UNDER THE
12:30	MINARETS	MINARETS	MINARETS	MINARETS	MINARETS
1:00	HUNT		STAR		
1:30	FOR	SEVEN	TREK	BRAVE-	BROKEN
2:00	RED		PART I	HEART	ARROW
2:30	OCTOBER.				
3:00					
3:30	RUMBLE		RUMBLE		RUMBLE
4:00	IN THE		IN THE	WALK	IN THE
4:30	BRONX	SABRINA	BRONX	IN	BRONX
5:00				THE	
5:30	COLLEGE		COLLEGE	CLOUDS	COLLEGE
6:00	MUSIC	STAR	MUSIC		MUSIC
6:30	VIDEOS	TREK	VIDEOS	SABRINA	VIDEOS
7:00		PART I			
7:30					
8:00	UNDER THE	UNDER THE	UNDER THE	UNDER THE	UNDER THE
8:30	MINARETS	MINARETS	MINARETS	MINARETS	MINARETS
9:00	STUDENT	STUDENT	STUDENT	STUDENT	STUDENT
9:30	PROGRAMS	PROGRAMS	PROGRAMS	PROGRAMS	PROGRAMS
10:00		RUMBLE	HUNT		
10:30	BROKEN	IN	FOR	SEVEN	BRAVE-
11:00	ARROW	THE	RED		HEART
11:30		BRONX	OCTOBER.		



# Tampa Review's 13th issue offers something to be studied, enjoyed

By SARA B. RADER  
Editor

This is no coffee table dressing.

The University of Tampa's literary journal, *Tampa Review*, released its thirteenth issue this September. Its cover piece, an oil on canvas called "Chorus" by David Mann, represents the very essence of the journal.

Coined abstract expressionism, the painting requires infinite exploration, beyond its surface of stark reds and blacks, of the vision which lies behind it, a vision your imagination must determine. Similarly, the *Tampa Review* collects within its covers writing layered with abstract themes and soulful messages.

Thick with art, fiction, poetry and non-fiction, the journal showcases 28 individuals' work. The number of different works is reminiscent of anthologies, and in the area of poetry becomes frustrating.

No more than two poems represent the 14 poets featured, which is like receiving only nibbles of various flavored cheesecakes: you find yourself in heaven, salivate for more, then end up confused about what flavor was what. Reducing the number of poets and then increasing the selections would have satisfied readers more and reduced the chopiness interspersed between the fiction.

The excellent selections of fiction and nonfiction bind the journal together magnificently. They all touch on the frailty and strengths of human relationships.

The first piece, "Very Nearly a Compromise" by F.R. Lewis, is a unique story about a man and his wife hand-making stuffed animals, and not ordinary teddybears, but rather, dromedaries, pigs and every species of dinosaur. This unusual plot allows for some humorous interjections and an underlining metaphor for the characters' relationship, one jailed by distance. Lines "Out of me, Helen Marcus knew how to knock the stuffing," keep you snickering through.

The symbolic nature of their business and the narrator's formal references to his wife force the reader to evaluate the "stuffings" in his life and are elements that fill class hours for English professors.

The Review's editor adds to Lewis's piece by preceding it with a delightful pastel on paper called "Myth Meets Dream" by Barbara Rachko. The colorful dinosaurs parading across a bathroom scene release an unexpected smile.

Two poems, "Owls and Uncle Riley" by Walter McDonald and "Flying Over Utah" by Linda Dini Jenkins, follow the story of flying stuffed dogs with less ingenuity and genius.

McDonald's poem about a war-injured uncle saving birds could have been a brilliant poem, for the subject and theme are interesting. But, the narrative style is a bit overdone causing the rhythm to drag towards the third stanza. Luscious lines such as "Owls dream in zoos, he swore, missing the dark of stars" are lost in a poem still needing tightening.

Also offering a worthy topic, expansion to the West, Jenkins' piece could have created sparks. However, clichéd symbolism used in references like "exodus," "New Jerusalem," and "pilgrims" made it just too familiar and clouded all the poem's fresh images.

Why the editors choose these poems rather than include more of the well-crafted, emotionally striking work of Frank Gaspar, Terry Ann Thaxton, Lola Haskins, Pamela Crow and Gary Duehr is unclear. Incomparable and touching, the work of these poets requires second readings not for clarity, but for their resonant depth.

The domestic realism of Thaxton's poem "A Different Life," and Haskins' "For My Mother, After the Vision Fire," particularly leave you at the bottom of your stomach, breathless. Selections by Vern Rutsala, Rebecca Lilly, Ronald Wallace and Stephen Massimilla, though lacking the jolt of others, are worth study-

ing. Massimilla's villanelle should be admired for its skill and feat. And Lilly's concise, prose poems give a delicacy to the page, resembling tiny epigraphs you'd secure in your wallet.

In addition, the two translations add to the poetic language of the Review. The reader is indulged by Adam Sorkin's translation of Romanian Daniela Crasnar's "The Matchbox and Other Things," and Khaled Mattawa's Arabic translation of "The Little Prince" by Hatif Janabi. These inclusions by the editors flavor the journal with diversity.

*Tampa Review's* fiction and nonfiction pieces consistently please and tently please and challenge the reader. "A Ladies' Man" by Paul Christensen centers around a young boy analyzing his Don Juan brother. As the narrator describes the hypnotic trance his brother had over neighborhood girls, he explains not only the sexually experimental nature of teenagers, but reveals its mortality. Christensen also addresses sibling relationships in this nostalgic tale. His story sends you on a nostalgic rendezvous with the backroads trailing behind junior-high, and then into the hazy colors of your family home.

The short selection, "She and I" by David Starkey contrast with the streaming description of Christensen. Starkey fills two pages with a comparison and contrast between a wife and husband, down to the simplest details of beverage preferences. He keeps our attention while slowly unraveling the complexity of individuals and the affects of that complexity on marriages. This small story holds enormous mystery: how do we love and how do we compromise? Thankfully, Starkey lets the reader decide.

Additional short stories touch on similar relationship issues: "Paradise Road" by Kirk Nessel and "Climbing the God Tree" by Jaimee Wriston Colbert. While both relate problem marriages, the inner conflicts and trials of their narrators are what give the stories power. The writers limned the frailty of hu-

mans in between interesting plots and characters.

One of the most valuable selections in the *Tampa Review* is Mary Jo Melone's factual recollections of Jose Yglesias, Tampa's renown novelist and playwright. It combines history, biography, literary analysis and personal experience. Anyone interested in Tampa history must explore this piece and every writer must read between its lines. For as Melone details the life of Yglesias, she uncovers the trials of a writer and a genuine person, including herself, offering advice and inspiration. Of course, a tinge of sadness hovers over the selection, especially for those who've seen the beauty of Ybor City decline into commercialism.

The *Tampa Review* is not something to drop in sight when guests arrive or to become an object for the idle mind fighting off boredom. The majority of poetry and fiction is intense and demanding, and the art work deserves a focused eye. Readers should carry it around with them, getting to know it, reading it when standing in lines or lounging on the verandah. Its pages should be worn and marked, studied and exposed. Because devouring it is the only way to enjoy it, the only way to see the visions behind its colors.



Courtesy of Tampa Review

The cover piece of this Fall/Winter Tampa Review, "Chorus," an oil on canvas by David Mann, represents the essence of the entire journal.

## Bulletin

\$\$ Serious \$\$\$

**CARLYLE STAFFING SERVICE**  
4100 WEST KENNEDY BLVD.  
SUITE 302  
TAMPA, FL 33606  
(813) 287-0877 FAX (813) 287-2595

**Don't let school prevent you from earning big bucks when you are available**  
**Earn big bucks \$\$\$ No fee!!!**

**CLERICAL . PROOFREADING .**  
**BARTENDERS . SECRETARIAL .**  
**FILE CLERKS . BAR BACKS . DATA ENTRY .**  
**WORD-PROCESSORS . WAITSTAFF .**  
**LIGHT INDUSTRIAL .**  
**DISHWASHERS .**

**\*\*Sign up today, work tomorrow**  
**Call to discover**  
**immediate opportunities\*\***

**TONIE PAPALEO**  
PRESIDENT

**LAURIE SHATKIN**  
SALES ASSOCIATE

## CLAST EXAM

On Sat., Oct. 5, 1996, the State of Florida offers the CLAST Exam to State residents and Education Majors. The Clast is necessary for financial aid purposes for UT students who have completed ENG101, ENG102 AND MAT160 OR HIGHER. The CLAST must be attempted before reaching 60 credit hours. The next administration of CLAST will be Feb. 15, 1997. Registrations for the Feb. exam will be accepted starting at pre-enrollment.

CLAST examinees are asked to report to the third floor of PLant Hall by 7:45 a.m. on the day of the exam. Room assignments will be posted on the admission notice and on the third floor. The CLAST is a five hour exam for first time takers.



## JOB OPPORTUNITIES

## EXTRA INCOME FOR '96

Earn \$500 — \$1000 weekly,  
stuffing envelopes.  
For details RUSH  
\$1 with SASE to:

GROUP  
Dept. N  
6547 N Academy Blvd.  
Colorado Springs, CO 80918

### SPRING BREAK '97 SELL TRIPS, EARN CASH & GO FREE

STS is hiring campus reps/  
group organizers to pro-  
mote trips to Cancun,  
Jamaica, and Florida.  
Call 800-648-4849  
for information on joining  
America's #1 student tour  
operator.

## OPPORTUNITIES

## ROOMMATE WANTED

Young responsible couple  
seeking dependable  
student-minded person to  
share two bedroom  
apartment.

Only seconds from  
campus!

\$235 a month plus phone,  
includes utilities.

Smoker preferred.  
Must tolerate cat.

Call 251-6447  
for details.

Join the CoffeeHouse  
committee today by  
calling Patrick Ingle  
at ext. 7990.

## INTERNSHIPS

## Fall/Winter Internships

IMG, the world's  
leader in sports, is  
seeking interns to  
assist with the plan-  
ning of the Florida  
Gran Prix of St.  
Petersberg. Internships  
are nonpaying. Must  
receive college credit  
to be eligible. Intern  
period from October -  
March. Interested  
applicants should mail  
resume to:

IMG  
25 2nd Street, N  
Ste. 200  
St. Petersburg, FL  
33701  
Attention: Tara  
Walker

## ANNOUNCEMENTS

### STOP! YOUR OPINION IS WANTED!

Did something on  
campus or in the  
surrounding  
community bother  
you? Did something  
good recently happen  
on campus that not  
too many people  
know about. We want  
to hear about it.  
Please send a letter to  
the editor stating  
your opinion.  
Address it to: The  
Minaret Box 2757.  
Specific details are  
available on page 2.

## MAKE MONEY

## GAIN EXPERIENCE

### WORK YOUR OWN HOURS

*The Minaret* is  
now accepting  
applications for  
advertising manager.  
Experience preferred  
but training is  
provided.

Commission and  
Incentive Benefits

Pagemaker Expertise  
a plus!

Please call 3636  
for more info.

## CLASSIFIED ADVERTISEMENTS

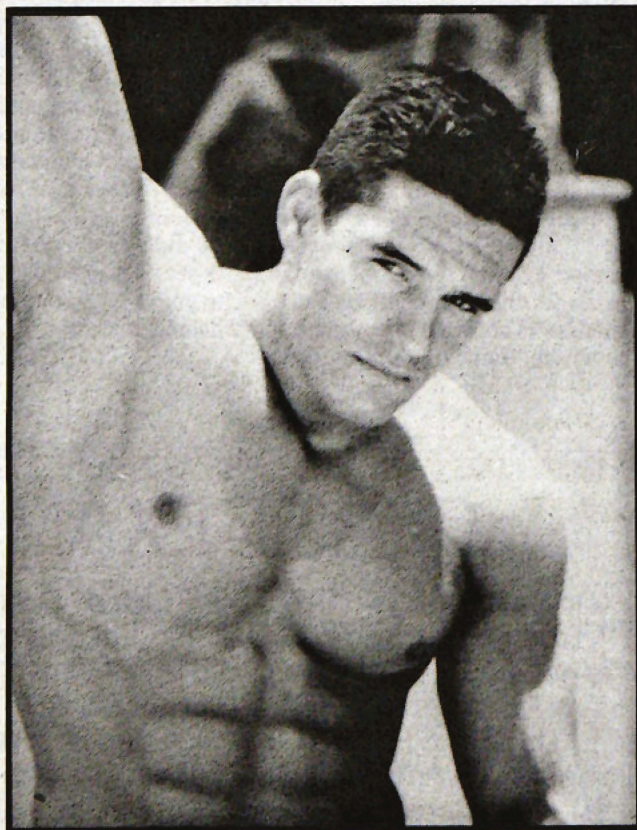
Must be received by *The Minaret* in writing by Friday at noon.

Rates are \$6 for every 15 words or every part thereof.

FAX: 253-6207, UT Box 2757.

E  
X  
C  
E  
R  
C  
I  
S  
E

# AWESOME STUDENT BODY!



Craig is a senior at UT, member of ROTC, body-  
building champion, and a member of MetroFlex  
Staff!! GO SPARTANS!

### SEE WHY METROFLEX IS UT'S PLACE FOR FITNESS:

- Located 1.5m from UT Campus
- Less Crowds - More Equipment
- Treadmills, Stairmasters, Bikes
- Hammer Strength, Cybex, Olympic  
Free Weights, and much more
- Aerobics Classes 6:30am - 7:30pm
- All High Energy Dance Music
- Certified Personal Training
- Two Semester Memberships(9mos.)  
for UT Students

BRING IN THIS AD FOR A

## FREE VISIT

Local Resident or show valid UT ID.  
First visit only. Expires 9-15-96



**876-FLEX(3539)** 2511 Swann Ave  
Aerobics & Fitness

B  
E  
  
F  
I  
T  
!  
!  
!





## QUILT

UT's Student Literary Magazine, presents the Fall Open-Mic Reading.

Fri., Oct. 4, at 8 p.m. On the East Veranda.

Sign up at 7:30 p.m.  
All are welcome to read or tickle their ears.  
Refreshments to enjoy.

## EVERYBODY DANCE NOW!!

IF YOU'RE INTERESTED IN DANCE, JOIN DANCE EXPRESIONS OF THE 90'S



CALL  
MONIQUE BLAAKER  
EXT. 7280

### Students, Faculty and Staff

The Department of Motor Vehicles Van will Be on campus Thurs., Oct. 3, from 9 a.m. to 4 p.m.

Driver's License renewals, replacement licenses for an address or name change, Florida ID cards for \$3, and the written portion of the exam will be offered.

The van will be located between Plant Hall and Smiley

### All Homecoming Candidates:

You need to attend a photo session at one of the following times:

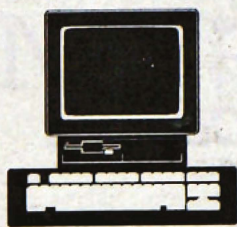
Sunday, Sept. 29

or

Monday, Sept. 30

At 4 p.m. at the Sticks of Fire

Dress as nicely as you want to appear.  
These pictures will be displayed at the voting booths.



Wednesdays at 4 p.m.  
Free MacLab computer training — Free! First floor of the Student Union

Sponsored by Student Activities

The Minaret devotes this page, free of charge, to campus information and organizations' publicity. If you would like to submit material for this space, please contact the office at ext. 3636 by noon on Fridays. Publication is based on editorial discretion and space availability.



There will be a FREE International Festival in Curtis Hixon Park on Fri., Sept. 27 and Sat., Sept. 28.

### Student Organization Presidents:

There will be a President's Meeting on Tues., Oct. 1 at 4 p.m. in the Trustee's Conference Room.

Homecoming, leadership retreat, and other important issues will be discussed. Come prepared to announce what is happening in your organization.

*Only 24 days Left to:*



**"Back to the Beach"**

*1996 Homecoming & Spirit Week*

### Attention...all Registered Student Organizations

You must turn in your homecoming registration packets in order to participate in "Back to the Beach" Spirit Week/Homecoming no later than Mon., Sept. 30. They should be returned to the Student Activities Office located on the first floor of the Student Union.

### **BIGLAS**

(Bisexual, Gay, Lesbian Activists and Supporters)  
Holds meetings every Tuesday at 4 p.m. in PH 327  
If you have any questions call Shareef at ext. 7387  
All Are Welcome!

If you signed up to attend the P.E.A.C.E. volunteer project on Sat., Sept. 28, for the Tampa A.I.D.S. Network, please meet at the fountain in front of Plant Hall at 8:30 a.m. Bring your car if you have one. Lunch will be provided. We will be volunteering until 1 p.m.



# Striving to be the best

COLUMN

It's 3:52 p.m. as I walk from Plant Hall toward my apartment in University West. It's not a long trip, but I've broken a sweat. Today the air is so thick with moisture I feel more like I'm swimming than walking.



**MACKENZIE  
CARIGNAN**  
Contributor

In the 95 degree heat, I weigh my options: I could venture up to my ice-cold room and cuddle up in my cozy little bed for a nice long nap OR I could throw on my sports bra and shorts and head out for yet another day of

cross country practice.

For the average Joe, this choice is easy—4 p.m. is nap time. But for me, and most every other athlete in this school, 4 p.m. is the time to put on our game faces and battle the heat. If it means shaving off just a few seconds from my race time or passing that annoying Florida Southern girl that breathes like a heavy smoker, I'm out by the track every day waiting for my teammates.

So far my running partner and main motivator, Andy Ceusters, and I have faced every weather pattern Mother Nature may throw at us. Most days can only be compared to the sensation of standing in your bathroom with the door closed and the shower cranked to the hottest setting while doing an hour's worth of jumping jacks. Lots of fun. Yet, that's what it takes to improve.

Few people understand the physical and mental aspects of cross country competition. We train six to eight miles a day, sometimes faster, sometimes farther. Many times, it's just miserable, but if you do it right, it'll pay off in the races. In NCAA cross country, the women race 3.1 miles (five kilometers) and the men race five miles until the last two races of the season when they run six miles.

Most people think cross country runners are crazy. "But you don't even chase a ball or anything!" they'll say. So, why do we stack miles upon miles every week just to race three miles on Saturday?

For me, it's habit. It may even be an addiction. I've been running since I was 13 and have gone few days without running since. Whether it was after a soccer ball, around a track, or through the woods of South Florida, I ran through three consecutive seasons of athletics during all four years of high school.

The woman who coached both my high school track and cross country teams planted a seed of determination inside of me which I will never lose. I owe all of my success as a runner to her. She taught me that limits are mental, not physical and when I feel like I have reached my limits, I can still give a little more.

Quite simply, running is a passion.

This year, both the UT men and women teams are filled with new faces.

The male team has three strong return-

ees: number one runner Tommy Vars, number two runner Andy Ceusters, and marathon veteran John McDonough, who is a strong team leader. Other returnees include juniors Chris Bess and Justin Mieles.

The men's team also has some prom-

**I**f it means shaving off just a few seconds from my race time or passing that annoying Florida Southern girl that breathes like a heavy smoker, I'm out by the track every day waiting for my teammates.

— Mackenzie Carignan

ing additions thanks to the ROTC program: Brian Cozine, John Page and Chris Washington.

Also, senior and first time runner Jose Concepcion, as well as freshman Tampa native Todd Golden complement the large men's team.

The women's team has been even more noticeably revamped.

Only two out of seven of us are returnees: Nadia Calderoli and me. Between the two of us, we collectively hold over 12 years of running experience.

However, it is already apparent that what the new runners lack in experience, they make up for with their enthusiasm and willingness to work hard.

Among these runners, we have two freshman additions, Jamie Hartman and Andrea Patka. Transfer students Christine Vanderbergh and Clea Owens are sure to produce great things.

Also, ROTC addition and second year UT student Connie Walker is assuming an important position as another one of our top runners.

These young teams are coached by Peter Brust, who also teaches economics at UT. He is especially excited about the drastic drops in times from our first cross country meet on Sept. 13, to last week's meet on the 21st. Some runners dropped as much as three minutes, which is very impressive.

We are graduating only one runner and the rest of us will be returning next year with new hopes and higher goals.

And, of course, there are going to be those days when that 4 p.m. nap is calling my name, but there's a spirit inside of every athlete that keeps us going that extra mile (or two, or three, or four...).

I just keep in mind a quote from my high school cross country and track coach that has kept me going for years: "Pain is temporary, Pride is forever."

## Spartan Profile

By ROSIE VERGARA  
Staff Writer

### ANDERS PAULSSON

**Sport:** Soccer

**Position:** Center Mid-fielder

**Age:** 24

**Birthdate:** August 18, 1972

**Hometown:** Stockholm, Sweden

**Height:** 6'0

**Weight:** 184

**Class:** Senior who has junior eligibility

**Major:** Marketing

**Awards and Achievements:** 1994 National Champion, All-Scholar Award, Commissioner's Honor Roll, Dean's List, Two-time All-Conference team member.

**Favorite Local Restaurant:** Spiro's and Bennigans

**Favorite Movie:** Happy Gilmore

**Favorite Color:** Red

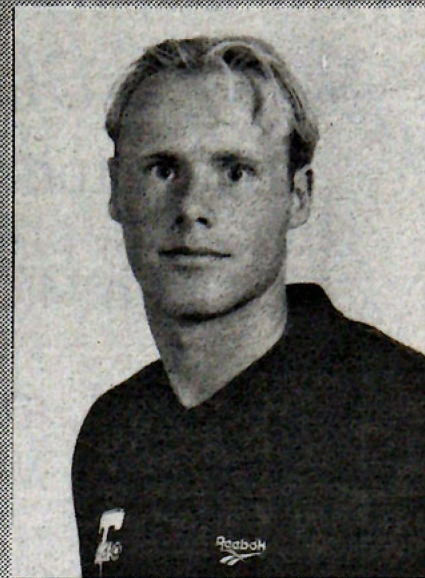
**Status:** "Very single"

**Hobbies:** Golf, downhill skiing, going out with friends

**What he Loves About UT:** The professors and the weather

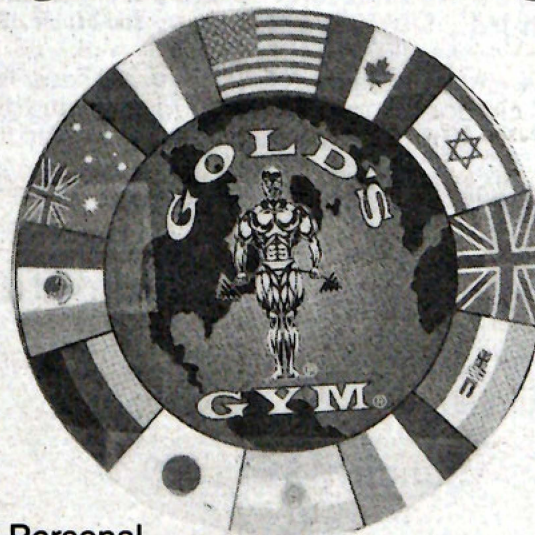
**Quote:** "Carpe diem: Seize the day."

**What others have to say:** "Anders is our chief play maker. He's a different kind of center mid-fielder than we've had. He's more direct and gets the ball upfield," said head coach Keith Fulk.



**How do most people know when a Gold's Gym fitness program is successful?**

**They feel it in their gut.**



• FREE Personal Training

• TRAINING available

• State of the Art Equipment

**\$199 For 6 Months:**  
University of Tampa  
Student Special.

Must present valid student ID.  
Expires in one week.  
Other packages available.  
Call Now or stop by.

**GOLD'S GYM**  
Aerobic & Fitness Centers

4254 S. Dale Mabry  
S. Tampa 831-2639

**Seniors who are interested in the On-Campus Recruiting Program may come to Plant Hall 301 to pick up the Fall On-Campus Recruiting Schedule.**



# Volleyball looks to get back on top

## After three years of mediocracy, Spartans eye conference title

By **MIKE PRIDGEN**  
Staff Writer

The University of Tampa volleyball team has one thing, and one thing only, on its mind this season. They want to get back what was once theirs.

For ten straight seasons the Spartans dominated the Sunshine State Conference, placing first or second every year, and appearing in the NCAA tournament eight straight times. However, for the past two seasons UT has placed third in the SSC, and last year missed receiving an NCAA bid altogether.

Coach Chris Catanach, entering his 13th year as head coach, is not used to losing. He took over the program in 1984 and the next year he led his team to a school record 41 victories. Since then, Catanach has posted a career record of 390-96 (earning him a spot in the Sunshine State Conference Hall of Fame), six SSC Coach-of-the-Year awards and a National Coach-of-the-Year award in 1991 (a great honor since only national championship coaches ever win it).

There are no gimmicks to his approach. Catanach has built his team into a powerhouse through great recruiting and excellent coaching.

The outlook for the Spartans return to glory this season looks very promising. With six talented letter winners, including three starters, and a great batch of new recruits, anything is possible.

"The strength of our team lies in our athleticism," said Catanach. "We have great hitters and great setters. Our defense also is strong."

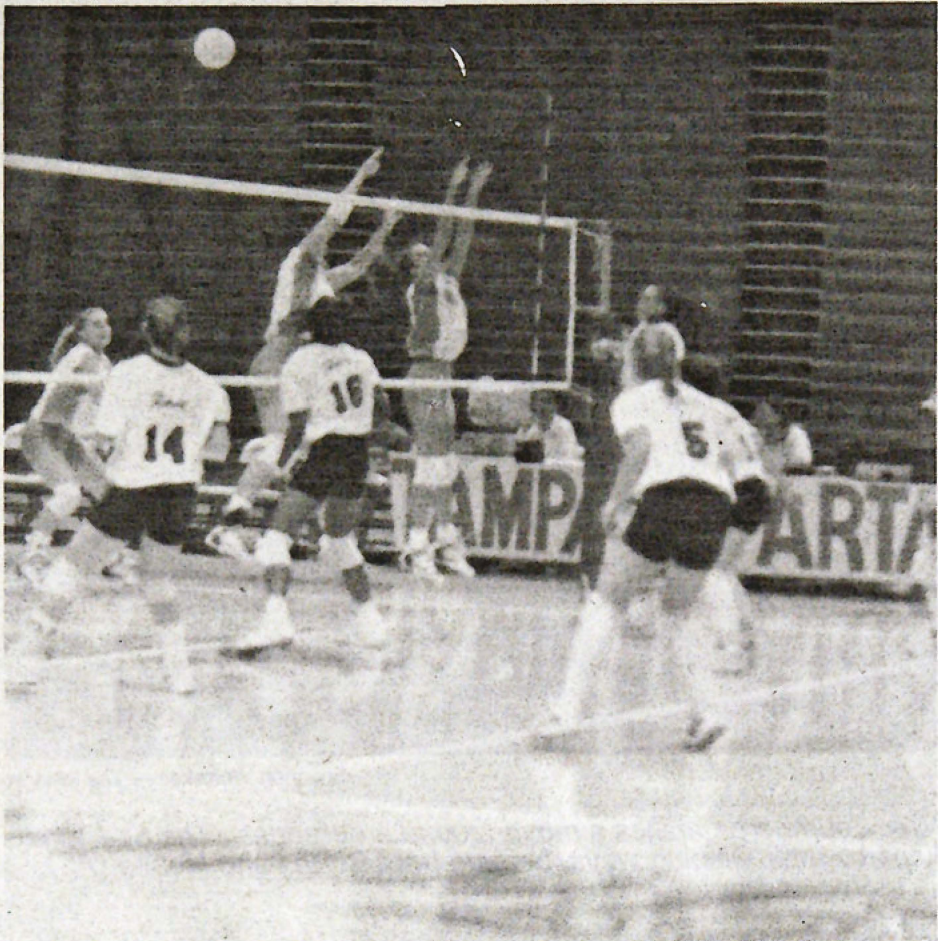
The leading returnee from last year's squad is sophomore outside hitter Hilary Epling who last season led the team in kills (506) and digs (519). She was named an All-South Region player and started in 38 of Tampa's 39 games.

"Our team doesn't really have any stars," Epling said. "It's hard to single out any one player, because any person can step up on any given night."

Kristen Zschau is Tampa's most experienced player being the only senior. She has played in 208 career games. Last season Zschau was second on the team in kills with 357 and second in digs with 385. Melissa Serio, Tampa's best blocker, was named honorable mention all-SSC last season. She is a two year starter.

Sophomore Jaime Wiessmuller is another player who contributed big as a freshman. She appeared in 38 matches and 133, and posted big numbers in every category.

Also returning are Dawn Rawlins and Jenn Smugeresky who were both walk-ons and lettered last season. Rawlins transferred



Melissa Perry — The Minaret

*Hilary Epling (14) and Dawn Rawlins (16) go to the net against Northwood (Mich.), as Anna Kaloujsikh waits for something to develop. The Spartans are looking to regain their winning tradition.*

from St. Croix and as a freshman recorded 43 blocks in 20 matches. Smugersky is a defensive specialist who appeared in 19 matches last season.

The list of newcomers is very promising, led by Kansas State transfer Anna Kaloujsikh, a native of Moscow, Russia. She is a sophomore with three years of eligibility left.

The two freshman expected to make the largest impact in their rookie seasons are Danielle Faggion and Becky Hart.

Faggion comes from Tampa's Plant High School and was named all-Hillsborough County last season. She also led her Tampa Bay Junior team to a second place in the Junior National Olympics. Hart is from the Chicago area.

Other key freshman include Kishan Stevens and Monica Barthelotti.

"Our weaknesses lie in our lack of experience and consistency," said Catanach. "We also lack in size which can hurt us down the road. But this team has a lot of

talent and potential. The game will get easier."

The team is looking for good things this year. They are setting their goals high: Win the conference, go the NCAA quarterfinals and eventually win a national championship.

"The outlook this year is very positive," stated Faggion. "We have a lot of potential and we can go far."

### The Latest Lines

Favorite		Underdog	
Lions	6.5	BUCS	
BEARS	3	Raiders	
STEELERS	5	Oilers	
SAN FRAN	13	Atlanta	
Packers	9.5	Seahawks	
Broncos	3	BENGALS	
Panthers	2.5	JAGS	

	Mon.	
Cowboys	1.5	EAGLES

College		
MIAMI	35.5	Pittsburgh
Florida	35.5	Kentucky
FSU	17	North Caro.
MICH	8.5	Ucla
NEB.	36	Colo. St.
Colo.	3.5	TEXAS AM
Ohio St.	3	NOTRE D.
Penn St.	9	WISC.
SO. CARO.	1	Miss. St.

Home team in CAPS

### Bucs Corner

BY DOUG RICHTER  
Staff writer

Wanted: Starting offensive unit with ability to play in the NFL. Will pay top dollar to athletes who produce. Earning potential limited only by salary cap. Especially interested in quarterbacks (three positions available). Athletes from Fresno need not apply.

Sam Wyche was always fond of practical jokes. Somewhere in an NBC press box, he must be getting a kick out of Trent Dilfer, the bad joke that just won't quit. A year ago, Dilfer was well on his way to helping Sammy get booted out of town. So, this year, you can just imagine Wyche's amusement.

Monday must have been a bad day down at One Buc Place. Not only did the Bucs lose again, for the second week in a row they let the victory slip away in the last two minutes, this time to Seattle. The Bucs are now 0-4 and interest for the fans is fading fast, and maybe among some players too.

Seattle is not the greatest team in the NFL (a label Tampa fans know all too well). In fact, QB Rick Mirer is not much better technically than our young Trent. Both teams reside in their respective basements. At least the Seahawks have earned a win (or gained it by default). Where does that leave the Bucs?

The Buc's front office has been talking about hosting a Super Bowl within the next few seasons. Wouldn't it be nice to play in a Super Bowl in your own new stadium. Ooh, sorry. Another figment of this tired fan's imagination. You know, some people actually bought a licensed seat to sit through a season's worth of fourth quarter collapses. Sort of scary, huh?

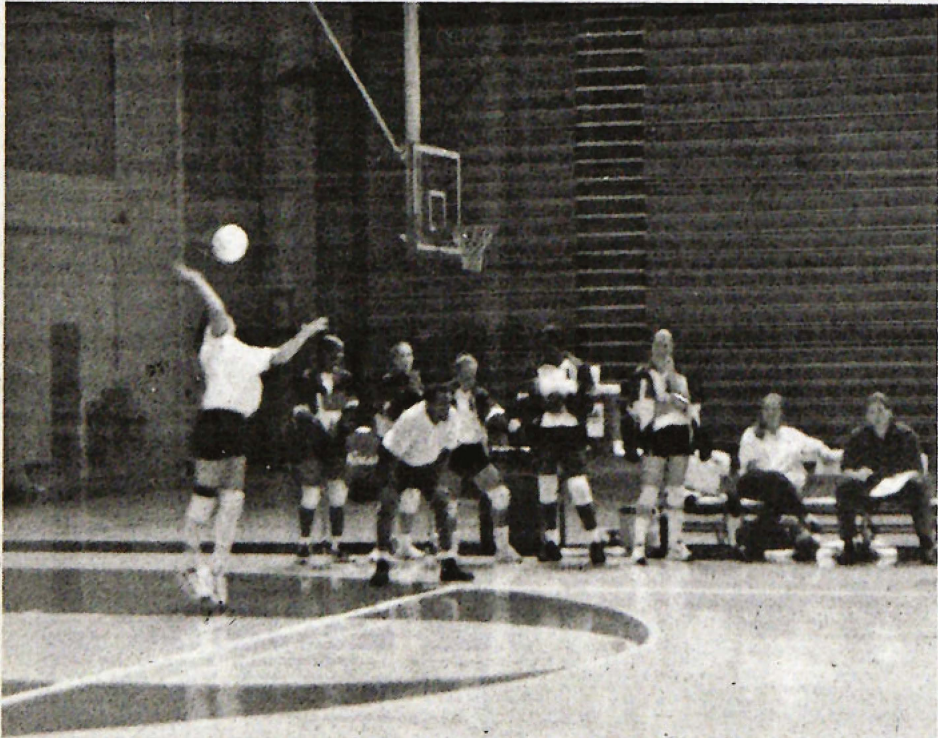
Who is at fault for this debacle? We could present evidence of both the offense or defense, but since the offense makes all the money, let's blame them. Whereas the defense is less compensated, at least they put the ball back into the hands of an offense that might intimidate USF when they start up play next season. A coach has already been sacked, and yet the losing continues. Maybe it's time to replace GM Rich McKay. His fingerprints are all over this batch of losers.

Unfortunately, we can't fire the Glazers, but they should be aware that football is about winning, not restaurants nobody has ever heard of.

Coaching? Well, the honeymoon is definitely over, Mr. Dungy.

### American Multi-Cinema Spartan Dream Team Standings

score	Team
477	Kappa Sigma
368	Pi Kappa
361	Sigma Delta Tau
357	Zeta Phi
310	Delta Zeta
304	Phi Delta
81	Alpha Chi Omega
37	Sigma Phi Epsilon

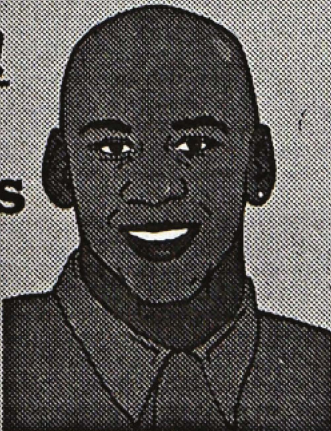


Melissa Perry — The Minaret

*Danielle Faggion steps into a serve, while team members watch from the bench. Faggion, who was a Plant High School standout last year, is expected to make a big impact as a setter for the Spartans.*

### BE LIKE MIKE!

Read the sports  
section in  
**The Minaret**





# Soccer racks up a couple of wins

By MIKE PRIDGEN  
Staff Writer

The University Of Tampa soccer team continued its winning ways Wednesday, defeating Rollins College 3-2 in their Sunshine State Conference season opener. The win stretched Tampa's current win streak against SSC opponents to 17 games.

Henrik Nebrelius got the Spartans on the board first with his sixth goal of the season from a pass by Jeff Houser. The goal upped Nebrelius' streak of four consecutive games with a goal.

Rollins wasn't so easily put away and tied the score at the end of the first half, showing they came to play.

The story of the second half was the Spartans' bench.

Dexter Rouse, the Trinidad native, provided the fireworks, scoring with 22 minutes left in the game. He knocked in a perfect pass from Jeff Houser, who had two assists on the night.

Less than a minute later Rouse hooked up with Anders Paulsson for the deciding goal. Rouse chipped a perfect pass and Paulsson finished it up with a nifty move to beat the goalie on the near post.

"Dexter Rouse won the game by himself" said Coach Keith Fulk. "Our main starters didn't play that well. They played with a lack of enthusiasm or desire. This team can play better than that. We have to play better than that so to take the pressure off of Henrik."

The close score of 3-2 doesn't tell the whole story. The Spartans dominated in the offensive department, out-shooting the Tars 20-9.

A late score at the 82:03 mark by Rollins made the score look close on a direct kick, but after Rouse's goal and assist the game was never in any real jeopardy.

"It's been a difficult transition for me here," said Rouse. "This was long overdue."



Shannon Whitaker — The Minaret

Mike Zoumberos makes a move around a defender. The Spartans kept to their winning ways, beating both Rollins and Mobile (AL).

Two days later, all the pieces fell into place for the Spartans when the NAIA's fourth ranked University of Mobile came to town. The Spartans easily handled Mobile and came away with a 4-0 victory in front of 464 Tampa faithful.

The big story for the Spartans again was the stellar play of sophomore Nebrelius.

He recorded his second hat trick of the young season and added an assist for good

measure.

The other goal belonged to North Carolina State transfer Brad Schmidt. It was a header from a Nebrelius cross. Tampa outshot Mobile 24-11, and that proved to be the difference. Eric Sims made three saves and got the shutout.

"We got out of the lull we had been in the past couple of games and turned it up a notch tonight," said Coach Keith Fulk.

## Volleyball splits in homecoming

By JULIE TREMMEL  
Staff Writer

After being on the road for nearly a month, the volleyball team got to come home to play Northwood (Mich) on Sept. 19. Based on the Spartan's performance, they probably wished they had stayed on the road.

Northwood defeated UT in three straight games, 15-11, 15-9 and 15-13.

The Spartans, who entered the game ranked 13th in the nation, played a very lackluster match. Northwood (ranked 14th) on the other hand, played a consistent game from start to finish.

"They're a very strong team. We didn't really turn it on until the last game," said Spartan Kristen Zschau.

Freshman Danielle Faggion and Becky Hart were the bright spots for the Spartans. Faggion especially stood out with 37 assists. Hart added 17 kills.

"We have a young team with two freshman, three sophomores and one junior as our starters. I think that in a year or two we'll have a stronger more experienced team," said Spartan head coach Chris Catanach.

The following evening, the Spartans had the opportunity to redeem themselves when they faced Saginaw Valley State University (Mich).

They wasted little time in showing the loss to Northwood was not how they wanted their home fans to see them play.

The Spartans dominated SVSU in every aspect of the game, winning three straight in the rout.

Anna Kaloujskikh (15 kills and 14 digs) and Hilary Epling (13 kills and 16 digs) starred for UT.

Faggion also contributed with her usual steady performance, recording 37 assists.

### CARRY OUT DEAL

Buy 1 Pizza at regular menu price,  
get 1 Pizza of equal or lesser value

**FREE**

Carry Out Only • At Regular Price • Excludes Mega Deal



Plus tax. Not valid with any other offer. Valid at participating stores only. Delivery areas limited to ensure safe driving. Drivers carry less than \$20. ©1995 Domino's Pizza, Inc.

# Domino's Delivers

### MEGA FEAST

2 Medium Pizzas with any number  
of Toppings & Twisty Bread®

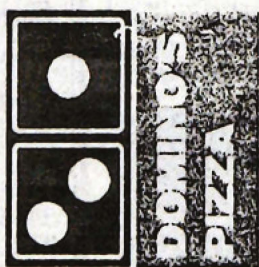
**\$13.99**

With Coupon



Plus tax. Not valid with any other offer. Valid at participating stores only. Delivery areas limited to ensure safe driving. Drivers carry less than \$20. ©1995 Domino's Pizza, Inc.

**221-1611**



**MEGA DEAL**  
ANY PIZZA • ANY SIZE  
ANY NUMBER OF TOPPINGS

**\$7.99**

Plus Tax • While Offer Lasts

1005 N Tampa St • **221-1611**

NOW HIRING motivated people for delivery, drivers, phone help and cooks  
for the World's Largest Pizza Chain Company. Domino's Pizza  
FT/PT positions available in all Tampa Bay area. Great job for students.  
Flexible hours, great pay. For more info, please call 661-9221 EOE

### MEGA DEAL

Any Pizza, Any Size  
Any Number of Toppings

**\$7.99**

No Coupon Needed



Plus tax. Not valid with any other offer. Valid at participating stores only. Delivery areas limited to ensure safe driving. Drivers carry less than \$20. ©1995 Domino's Pizza, Inc.

### MEGA ADD ON

10 Wings • Twisty Bread®

**\$4.99**

With Any Purchase • No Coupon Needed



Plus tax. Not valid with any other offer. Valid at participating stores only. Delivery areas limited to ensure safe driving. Drivers carry less than \$20. ©1995 Domino's Pizza, Inc.

**Fresh, Hot Pizza  
Right To Your Door**